

# Adaptive Sports Programs in Ohio



## Adaptive Sports Connection

Provides equipment and lessons for all ranges of athletes (beginner to competitive). It is open to children, adults, and veterans with physical and cognitive challenges. Their purpose is to provide engagement in sports and therapeutic outdoor recreation and to “help people with challenges stay healthy and happy by focusing on their abilities.”

- Available sports: skiing, snowboarding, cycling, sailing, kayaking, water skiing, climbing, paddleboarding, and boating
- Visit [adaptivesportsconnection.org](http://adaptivesportsconnection.org) for more information
- Contact Information:
  - Email: [info@adaptivesportsconnection.org](mailto:info@adaptivesportsconnection.org)
  - Phone: 614-389-3921
  - Location: 6000 Harriott Drive, Powell, OH, 43065

## Adaptive Sports Program of Ohio – Paralympic Sport Ohio

This program removes “barriers to ensure that individuals with physical disabilities have a chance to play, and utilize sport to elevate ability and empower futures.”

- Available sports include: soccer power wheelchair, sled hockey, strength and conditioning, wheelchair basketball, wheelchair rugby, handcycling, track and field, road racing, wheelchair softball, and wheelchair tennis
- Visit [adaptivesportsohio.org](http://adaptivesportsohio.org) for more information
- Contact Information:
  - Email: [info@adaptivesportsohio.org](mailto:info@adaptivesportsohio.org)
- Location: 2148 Eagle Pass, Suite C, Wooster, OH, 44691

## Amps4ohio

This non-profit 501c3 organization covers Central and Southern Ohio. It “provides amputees and their families a place to come for support, education, and recreational activities that promote a healthy lifestyle. We welcome all amputees, family, caregivers, friends, students, and any community members wanting to learn more about their local amputee community.”

- Available sports include: water skiing, kayaking, cycling, swimming, sailing, 5k run/roll/walk, and bowling
- Visit [amps4ohio.com](http://amps4ohio.com) for more information
- Contact Information:
  - Email: [amps4ohio@gmail.com](mailto:amps4ohio@gmail.com)
  - Phone: 740-777-8180
- Locations:
  - Meeting Address: 1151 W. 5th Avenue, Columbus OH, 43212
  - Mailing Address: 6071 Bernice Street SW, Amanda OH, 43102

## Cincinnati Recreation Commission – Paralympic Sport Cincinnati

- This commission creates recreation experiences for all citizens through programs, facilities, and parks in Cincinnati. Their mission is to “embrace the spirit of the Cincinnati community by creating a culture of lifelong personal growth supported through reliable and sustainable funding sources that will move us from good to great.”
- Available sports include: basketball, archery, baseball, boxing, flag football, dodgeball, golf, soccer, aerobics, boot camp, cycling, dance, fencing, martial arts, pickleball, pilates, power sculpt, senior exercise, walking club, yoga, zumba, kayak, kickball, senior olympics, tennis, volleyball, and running events
- Visit [cincinnati-oh.gov/recreation](http://cincinnati-oh.gov/recreation) for more information
- Contact Information:
  - Email: [info.crc@cincinnati-oh.gov](mailto:info.crc@cincinnati-oh.gov)
- Location: City Hall – 805 Central Ave., Suite 234, Cincinnati OH, 45202

## Cleveland Wheelchair Cavaliers

- The Cleveland Wheelchair Cavaliers makes a difference in the community by “helping educate and provide opportunities to children and newly injured adults with disabilities.”
- Available sports include: wheelchair basketball
- Visit their community website at [nba.com/cavaliers/community](http://nba.com/cavaliers/community)
- Visit their Facebook website at [facebook.com/WheelchairCavs](https://facebook.com/WheelchairCavs)
- Contact Information:
  - Email: [cavscare@cavs.com](mailto:cavscare@cavs.com)
- Location: Cleveland OH

## Columbus Recreation and Parks Department

This program sponsors recreational activities that are modified to meet the needs of individuals with disabilities. This program promotes an individual's physical, social, and lifetime recreational interests and leisure experiences. Everyone is welcome and encouraged to participate, including the non-disabled.

- Available sports include: adaptive fitness, adaptive swim, blind hockey, blind soccer, boccia, tennis, track and field, youth wheelchair basketball, wheelchair fencing, wheelchair football, and wheelchair Rugby
- Visit [columbus.gov/recreationandparks/programs/Therapeutic-Recreation](http://columbus.gov/recreationandparks/programs/Therapeutic-Recreation) for more information
- Contact Information:
  - Email: [mbmoore@columbus.gov](mailto:mbmoore@columbus.gov)
  - Phone: 614-645-5648
- Location: 1755 E. Broad St., Columbus, OH, 43203

## Fishing Has No Boundaries, Central Ohio

This organization provides recreational fishing opportunities for all anglers with disabilities regardless of their age, race, gender, or disability.

- Available sports include: fishing
- Visit [fhnbcentralohio.org](http://fhnbcentralohio.org) for more information
- Contact Information:
  - Email: [info@fhnbcentralohio.org](mailto:info@fhnbcentralohio.org)
  - Phone: 614-383-8851
- Location: 1499 Grove City, OH, 43123 (PO Box)

## Fore Hope

This program is facilitated by OhioHealth. It consists of a team of golf professionals and certified recreation therapists. It is open to individuals who have a stroke, Parkinson's, multiple sclerosis, traumatic brain injury, and other neurological conditions, cognitive challenges, and or/physical challenges. Specialized adapted equipment is available for participants if needed.

- Available sports include: golf
- Visit [ohiohealth.com/services/neuroscience/our-programs/forehope](http://ohiohealth.com/services/neuroscience/our-programs/forehope) for more information
- Contact Information:
  - Email: [ForeHope@ohiohealth.com](mailto:ForeHope@ohiohealth.com)
  - Phone: 614-566-4242
- Location: Columbus OH

## Greater Columbus Rowing Association (GCRA), Para Adaptive Rowing Program (PARP)

This program focuses on introducing people with disabilities to the sport of rowing. It is run by volunteers who understand and have expertise modifying the rowing process based on each athletes' specific needs. Para-adaptive rowing equipment, coaching, and adaptive expertise on either the ergs (indoor rowing machine) or in rowing shells (boats) are provided depending on the season.

- Available sports include: rowing
- Visit [columbusrowing.org/para-adaptive-rowing-program](http://columbusrowing.org/para-adaptive-rowing-program) for more information
- Contact Information:
  - Email: [gcraparp@gmail.com](mailto:gcraparp@gmail.com)
- Location: 3033 Thoburn Road, Columbus OH, 43221

## Ohio Sled Hockey

This program provides opportunities “for individuals with physical limitations to learn about and participate in the sport of hockey. Our focus is on developing each athlete through instruction, encouragement, evaluation, and competition. This progression promotes and improves the sport of sled hockey by allowing local players to participate from novice to national level of play. Athletes will improve overall health and fitness levels while participating in therapeutic and competitive sport. Ohio Sled Hockey athletes will experience team camaraderie, trust, and the development of meaningful friendships both on and off the ice.”

- Available sports include: sled hockey
- Visit [ohiosledhockey.org](http://ohiosledhockey.org) for more information
- Contact information:
  - Cincinnati Ice Breakers Team: email: [cincinnati@ohiosledhockey.org](mailto:cincinnati@ohiosledhockey.org)
  - Northwest Ohio Artic Wolves: email: [nwosledhockey@gmail.com](mailto:nwosledhockey@gmail.com)
  - Columbus Blades: email: [OSHsledhockey@gmail.com](mailto:OSHsledhockey@gmail.com)

## Paralyzed Veterans of America, Buckeye Chapter

This organization “strives to improve the quality of life of honorably discharged veterans who have spinal cord injury, dysfunction or illness including, but not limited to multiple sclerosis and ALS (Lou Gehrig’s disease) through advocacy, medical research, sports and recreation, education and communication.”

- Available sports include: wheelchair basketball, wheelchair softball, quad rugby, billiards tournaments, air rifle competition, Columbus Marathon (wheelchair division)
- Visit [buckeyepva.org](http://buckeyepva.org) for more information
- Contact Information:
  - Email: [info@buckeyepva.org](mailto:info@buckeyepva.org)
  - Phone: 216-731-1017
- Location: 26250 Euclid Avenue, Suite 115, Euclid, OH, 44132

## Recreation Unlimited

This organization provides “year-round programs in sports, recreation, and education for individuals with disabilities and health concerns, while building self-confidence, self-esteem, and promoting positive human relations, attitudes, and behaviors.”

- Provides camps for individuals with disabilities
- Visit [recreationunlimited.org](http://recreationunlimited.org) for more information
- Contact Information:
  - Email: [info@recreationunlimited.org](mailto:info@recreationunlimited.org)
  - Phone: 740-548-7006
- Location: 7700 Piper Road, Ashley, OH, 43003

## Shane Center for Therapeutic Horsemanship

This organization offers programs, which are “designed to meet the individual needs of each ride. This is no pony ride! Group and private lessons are offered to riders with and without special needs. Programming is offered year-round and divided into 8-week riding sessions. In addition to riding, our hour long lessons include horse safety skills as well as the care and handling of horses.”

- Available sports include: horseback riding
- Visit [shanecenter.org](http://shanecenter.org) for more information
- Contact Information:
  - Email: [info@ShaneCenter.org](mailto:info@ShaneCenter.org)
  - Phone: 740-625-9324
- Location: 7908 Myers Road, Centerburg, OH, 43011

## Solid Rock Therapeutic Riding Center

This is a riding center for children and adults with special needs. They provide “equine therapy to help individuals obtain short- and long-term goals and help them heal.”

- Available sports include: horseback riding
- Visit their Facebook website at [facebook.com/solidrocktherapeuticriding](https://facebook.com/solidrocktherapeuticriding)
- Contact Information:
  - Email: [solidrocknb@gmail.com](mailto:solidrocknb@gmail.com)
  - Phone: 330-990-1777
- Location: 10911 Market Avenue NW, Uniontown OH, 44685

## Team River Runner

This organization provides state of the art adaptations for a wide range of disabling conditions.

- Available sports include: adaptive paddling
- Visit [teamriverrunner.org/adaptive-resources](http://teamriverrunner.org/adaptive-resources) for more information
- Contact Information:
  - Email: [info@teamriverrunner.org](mailto:info@teamriverrunner.org)
- Location: Cincinnati OH/Northern KY

## The Miracle League of Central Ohio

- This organization raised funds to build a unique baseball field for athletes with mental and physical challenges in Dublin, OH. It also provides opportunities for volunteers to help before, during, and after season, including as buddies for players.
- Available sports include: baseball
- Visit [miracleleaguecentraloh.org](http://miracleleaguecentraloh.org) for more information
- Contact Information:
  - Email: [ohiomiracleleague@gmail.com](mailto:ohiomiracleleague@gmail.com)
  - Phone: 614-526-6500
- Location: Miracle League Field in Dublin at Darree Fields – 6259 Cosgray Road, Dublin, OH, 43016

## Three Trackers of Ohio

The organization’s mission is to “provide opportunities for individuals with disabilities to develop independence, confidence, and fitness through participation in community sports, recreation, and educational programs.”

- Available sports include: cycling, kayaking, water skiing, snow skiing
- Visit [3trackers.org/home.html](http://3trackers.org/home.html) for more information
- Contact Information:
  - Email: [MD1053@Aol.com](mailto:MD1053@Aol.com)
  - Phone: 440-476-9905
- Location: 6909 Engle Road, Suite 19, Middleburg Heights, OH, 44130

## Youth Challenge

- This organization offers “year-round adapted sports and recreational programming throughout the Greater Cleveland area to children with such disabilities as muscular dystrophy, cerebral palsy, and spina bifida, or that are blind or deaf. Participants are paired up at each program with a teenage volunteer who is trained to work and play with a child with a disability.”
- Available sports include: basketball, baseball, swimming, skiing, tennis, arts and crafts, music, sailing, bowling, nature programs, dancing, and field trips
- Visit [youthchallengesports.com](http://youthchallengesports.com) for more information
- Contact Information:
  - Email: [yc@youthchallengesports.com](mailto:yc@youthchallengesports.com)
  - Phone: 440-892-1001
- Location: “Activities are held at sites throughout Northeast Ohio. Please check the program calendar for specific location information.”
  - Headquarters: 800 Sharon Drive, Westlake, OH, 44145

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### Talk to your doctor or health care team if you have any questions about your care.

For more health information, go to [wexnermedical.osu.edu/patiented](http://wexnermedical.osu.edu/patiented) or contact the Library for Health Information at 614-293-3707 or [health-info@osu.edu](mailto:health-info@osu.edu).