

# Assistive Devices for Activities of Daily Living (ADL)

Assistive devices are tools that help make your daily activities easier. They can help you with many activities, like dressing, bathing, toileting, and moving around.

## Examples of assistive devices

### Tools for Dressing

Sock Aid



Reacher



Long Handled Shoe Horn



### Tools for Bathing

Long Handled Sponge



Hand Held Shower



Grab Bar



Tub Transfer Bench



Shower Chair



## Tools for Toileting

Standard Bedside Commode



Bariatric Bedside Commode



Drop Arm Bedside Commode



Elevated Toilet Seat and Toilet Seat Frame



Grab Bar



## Tools for Moving Around

Wheeled Walker



Rollator



Hemi Walker



Cane



Quad Cane



Crutches



Knee Scooter



Sliding Board

