

# Cancer Patient Education Resources at The James

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The James Patient Education Department provides easy-to-understand health information to help patients and caregivers learn more about cancer and its treatment. These resources were created with James clinical experts and health educators to help you make informed decisions about your cancer care.

## To get this helpful information:

- **Visit The James Hospital website ([cancer.osu.edu/patienteducation](https://cancer.osu.edu/patienteducation))** to view printed handouts and videos. These materials can help you learn more about your cancer diagnosis, treatment and care.
- **Visit the Cancer Patient Education YouTube Playlist** to watch videos on your computer, tablet or mobile device: [cancer.osu.edu/patientedvideos](https://cancer.osu.edu/patientedvideos).
  - ▶ Video topics include information on: cancer treatment side effects (fatigue, neuropathy, sleep problems, etc.), fertility, chemotherapy, radiation therapy, pain management, cancer risk and early detection, clinical trials, and nutrition tips for managing nausea, diarrhea, taste changes, etc.
- **The Patient and Family Resource Center at The James** can help with information requests or literature searches for a specific health topic or question. To request health information:
  - ▶ Email [cancerinfo@osumc.edu](mailto:cancerinfo@osumc.edu)
  - ▶ Complete the Resource Center [request form](#) available on our webpage

The health education materials are for informational purposes only and can be emailed to you or mailed to your home address at no charge. If you have any questions about your care or treatment, always talk with your doctor or other qualified health provider.

**For more information** about cancer patient education resources, call The James Patient Education Department at **614-293-5853**, Monday through Friday from 8 a.m. to 4:30 p.m.

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**This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.**