

# James Patient Education Handouts (A – Z)

The James



Click on the title to see the handout

To narrow your search use “Ctrl + F” and enter a keyword

<a href="#">Abdomen CT Scan - The James</a>
<a href="#">Abemaciclib</a>
<a href="#">Abiraterone (Zytiga)</a>
<a href="#">About Hospice Care</a>
<a href="#">About Your Visit at The James Gastrointestinal (GI) Clinic</a>
<a href="#">AC: Doxorubicin and Cyclophosphamide</a>
<a href="#">Acalabrutinib (Calquence)</a>
<a href="#">Acute Leukemia</a>
<a href="#">Ado-Trastuzumab Emtansine</a>
<a href="#">Advance Directives</a>
<a href="#">Afatinib (Gilotrif)</a>
<a href="#">Alectinib (Alecensa)</a>
<a href="#">After Your Breast Cancer Surgery</a>
<a href="#">After Your Spine or Joint Injection</a>
<a href="#">All About Me</a>
<a href="#">All About Me - Russian</a>
<a href="#">All About Me - Somali</a>
<a href="#">All About Me - Spanish</a>
<a href="#">Allogeneic Stem Cell Transplant</a>
<a href="#">Amyloidosis Clinic Physical Therapy Recommendations</a>
<a href="#">Anal Cancer</a>
<a href="#">Anastrozole (Arimidex) for Females</a>
<a href="#">Anastrozole (Arimidex) for Males</a>
<a href="#">Anticipatory Grief in Family/Caregivers</a>
<a href="#">Anticipatory Grief in Patients</a>
<a href="#">Antithymocyte Globulin (ATG)</a>
<a href="#">Apheresis</a>
<a href="#">Approaching the Final Days</a>
<a href="#">Areola Tattooing</a>
<a href="#">Aromatherapy</a>
<a href="#">Autologous Stem Cell Transplant</a>
<a href="#">Automated Whole Breast Ultrasound (ABUS)</a>
<a href="#">Avapritinib (Ayvakit)</a>
<a href="#">Axillary Web Syndrome Exercise Program</a>
<a href="#">Axitinib (Inlyta)</a>
<a href="#">Basics of Blood Sugars</a>
<a href="#">Basic Pilates Mat Routine</a>
<a href="#">BCG Therapy - Intravesical Treatment for Bladder Cancer</a>
<a href="#">Before Your Breast Cancer Surgery</a>
<a href="#">Benign Breast Surgery</a>

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<a href="#">Benign Pituitary Tumor</a>
<a href="#">Bevacizumab (Avastin)</a>
<a href="#">Bexarotene (Targretin)</a>
<a href="#">Bicalutamide (Casodex)</a>
<a href="#">Binimetinib (Mektovi)</a>
<a href="#">Bisphosphonates (taken by mouth)</a>
<a href="#">Bladder Cancer Internet Resources</a>
<a href="#">Bladder Irrigation Treatment for Bladder Cancer</a>
<a href="#">Blank Notes Page - The James</a>
<a href="#">Blood and Bone Marrow Question and Answer Sheet</a>
<a href="#">Blood and Marrow Transplant Blood Value Record</a>
<a href="#">Blood and Marrow Transplant Unit - B.M.T.U.</a>
<a href="#">Blood and Marrow Transplant Unit (BMTU): Visitor Guidelines</a>
<a href="#">Blood and Marrow Transplant: Things You May Bring To The Hospital</a>
<a href="#">Blood Cancers/Disorders: Precautions for Use of Dietary/Herbal Supplements</a>
<a href="#">Blood Glucose Record Sheet</a>
<a href="#">Blood Work Record Sheet for Cancer Patients</a>
<a href="#">Bone Marrow Donation</a>
<a href="#">Bone Marrow Procedure Guide</a>
<a href="#">Bone Marrow Transplant - Advanced Exercise Program</a>
<a href="#">Bone Marrow Transplant Unit - Low White Blood Cell Count (WBC) Precautions</a>
<a href="#">Bortezomib</a>
<a href="#">Bosutinib (Bosulif)</a>
<a href="#">Botulinum Toxin (Botox) for Voice Therapy</a>
<a href="#">BR: Bendamustine, Rituximab</a>
<a href="#">Brachytherapy for Gynecologic Cancers</a>
<a href="#">Brain Metastasis</a>
<a href="#">Brain Tumor Questions</a>
<a href="#">Brain Tumor Resources</a>
<a href="#">Brain Tumors</a>
<a href="#">Brain Tumors - Russian</a>
<a href="#">Brain Tumors - Somali</a>
<a href="#">Brain Tumors - Spanish</a>
<a href="#">Breast Biopsy Internet Resources</a>
<a href="#">Breast Biopsy Methods</a>
<a href="#">Breast Cancer – Low White Blood Cell Count Precautions</a>
<a href="#">Breast Cancer and Nutrition</a>
<a href="#">Breast Cancer Surgery - What to Expect During Your Hospital Stay</a>
<a href="#">Breast Cancer: Precautions for Use of Dietary/Herbal Supplements</a>
<a href="#">Breast Cancer: Questions to Ask About Reconstructive Breast Surgery - Spanish</a>

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<a href="#">Breast Cancer: Questions to Ask About Reconstructive Breast Surgery</a>
<a href="#">Breast/Chest Cancer Screening for Breast Owners</a>
<a href="#">Breast/Chest Cancer Screening in Transgender Men</a>
<a href="#">Breast/Chest Cancer Screening in Transgender Women</a>
<a href="#">Breast Marker Clips</a>
<a href="#">Breast Pain (Mastalgia)</a>
<a href="#">Breast Reconstruction Drain Care</a>
<a href="#">Breast Reconstruction with Abdominal Tissue</a>
<a href="#">Breast Reconstruction with Latissimus Muscle Flap</a>
<a href="#">Breast Reconstruction with Tissue Expanders/Implants</a>
<a href="#">Breast Reconstruction: A Decision-Making Tool</a>
<a href="#">Breast Ultrasound</a>
<a href="#">Brief Self Manual Lymphatic Drainage (MLD) for Neck, Armpit, Groin (NAG)</a>
<a href="#">Brigatinib (Alunbrig)</a>
<a href="#">Bronchoscopy</a>
<a href="#">Building Map of The Stefanie Spielman Comprehensive Breast Center</a>
<a href="#">Calcium + Vitamin D Supplements for Breast Cancer Survivors</a>
<a href="#">Calendar</a>
<a href="#">Cancer and Depression</a>
<a href="#">Cancer and Male Fertility</a>
<a href="#">Cancer and Seizures</a>
<a href="#">Cancer and Spiritual Needs</a>
<a href="#">Cancer Genetics Consultation</a>
<a href="#">Cancer Internet Resources</a>
<a href="#">Cancer of the Colon and Rectum</a>
<a href="#">Cancer Patient Education Resources at The James</a>
<a href="#">Cancer Patient Education Video Flyer</a>
<a href="#">Cancer Patient Education Video List (Suggested Topic Checklist)</a>
<a href="#">Cancer Patient Support Screening</a>
<a href="#">Cancer Screening for Men</a>
<a href="#">Cancer Screening for Men - Russian</a>
<a href="#">Cancer Screening for Men - Somali</a>
<a href="#">Cancer Screening for Men - Spanish</a>
<a href="#">Cancer Screening for Women</a>
<a href="#">Cancer Screening for Women - Russian</a>
<a href="#">Cancer Screening for Women - Somali</a>
<a href="#">Cancer Screening for Women - Spanish</a>
<a href="#">Cancer Surgery: Precautions for Use of Dietary/Herbal Supplements</a>
<a href="#">Cancer Survivorship</a>
<a href="#">Cancer Therapy: Managing Side Effects - Constipation</a>

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<a href="#">Cancer Therapy: Managing Side Effects - Dehydration</a>
<a href="#">Cancer Therapy: Managing Side Effects - Diarrhea</a>
<a href="#">Cancer Therapy: Managing Side Effects – Dry Mouth and Thick Saliva</a>
<a href="#">Cancer Therapy: Managing Side Effects - Esophagitis</a>
<a href="#">Cancer Therapy: Managing Side Effects - Fatigue</a>
<a href="#">Cancer Therapy: Managing Side Effects - Mouth Sores</a>
<a href="#">Cancer Therapy: Managing Side Effects - Nausea and Vomiting</a>
<a href="#">Cancer Therapy: Managing Side Effects - Radiation Therapy Skin Care</a>
<a href="#">Cancer Therapy: Managing Side Effects - Taste Changes</a>
<a href="#">Cancer Therapy: Managing Side Effects – Tips to Sleep Better</a>
<a href="#">Cancer Therapy: Managing Side Effects - Vaginal Dryness</a>
<a href="#">Cancer: Precautions for Use of Dietary/Herbal Supplements</a>
<a href="#">Cancer-Related Changes in Thinking</a>
<a href="#">Capecitabine</a>
<a href="#">Capecitabine (Xeloda)</a>
<a href="#">Capecitabine and Lapatinib</a>
<a href="#">Capecitabine and Neratinib</a>
<a href="#">Capmatinib (Tabrecta)</a>
<a href="#">Carboplatin</a>
<a href="#">Care After Your Breast Biopsy</a>
<a href="#">Care After Your Breast Biopsy - Arabic</a>
<a href="#">Care After Your Breast Biopsy - Chinese</a>
<a href="#">Care After Your Breast Biopsy - Nepali</a>
<a href="#">Care After Your Breast Biopsy - Russian</a>
<a href="#">Care After Your Breast Biopsy - Spanish</a>
<a href="#">Care After Your Lymphovenular Bypass Surgery</a>
<a href="#">Care After Your Vascularized Lymph Node Transfer to Your Arm</a>
<a href="#">Care After Your Vascularized Lymph Node Transfer to Your Leg</a>
<a href="#">Care at Home After Nipple Sparing Mastectomy</a>
<a href="#">Care at Home After Radiation Plaque Insertion</a>
<a href="#">CARE Clinic Physical Therapy Recommendations</a>
<a href="#">Care of Your Arm After Lymph Node Removal (Female)</a>
<a href="#">Care of Your Arm After Lymph Node Removal (Male)</a>
<a href="#">Care of Your Continent Urinary Pouch</a>
<a href="#">Care of Your Leg After Lymph Node Removal</a>
<a href="#">Care of Your Tracheostomy Stoma After Tube Removal</a>
<a href="#">Caregiver’s Role After Your Blood and Marrow Transplant</a>
<a href="#">Carfilzomib</a>
<a href="#">Caring for Your PleurX Drainage Catheter at Home</a>
<a href="#">Carotid Artery Rupture Precautions</a>

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<a href="#">CAR-T Immunotherapy</a>
<a href="#">Central Venous Catheter (CVC) Port Protector</a>
<a href="#">Central Venous Catheter (CVC) Sterile Dressing Change - The James</a>
<a href="#">Ceritinib (Zykadia)</a>
<a href="#">Changes in How You May Look After Head and Neck Cancer Treatment</a>
<a href="#">Checking for Stomach Residuals</a>
<a href="#">Checking for Tube Placement</a>
<a href="#">Checklist for Reporting Symptoms and Side Effects</a>
<a href="#">Checkpoint Inhibitor Immunotherapy</a>
<a href="#">Chemotherapy</a>
<a href="#">Chemotherapy Infusion Complications</a>
<a href="#">Chemotherapy Infusion Complications - Spanish</a>
<a href="#">Chest X-Ray - The James</a>
<a href="#">Chiari Malformation</a>
<a href="#">Chlorambucil (Leukeran)</a>
<a href="#">Choices - Living Well at the End of Life</a>
<a href="#">Choosing the Right Counselor</a>
<a href="#">CHOP: Cyclophosphamide, Doxorubicin, Vincristine, Prednisone</a>
<a href="#">Cisplatin</a>
<a href="#">Clinical Trials at The James</a>
<a href="#">Clinical Trials at The James - Russian</a>
<a href="#">Clinical Trials at The James - Somali</a>
<a href="#">Clinical Trials at The James - Spanish</a>
<a href="#">Closed Incision Negative-Pressure Therapy (CINPT)</a>
<a href="#">CMF: Cyclophosphamide, Methotrexate and Fluorouracil</a>
<a href="#">Colorectal Cancer Screening</a>
<a href="#">Colorectal Resection</a>
<a href="#">Common Breast Changes</a>
<a href="#">Common Breast Changes - Russian</a>
<a href="#">Common Breast Changes - Somali</a>
<a href="#">Common Breast Changes - Spanish</a>
<a href="#">Commonly Used Insurance Terms</a>
<a href="#">Complementary Treatment and Therapy for Symptom Management</a>
<a href="#">Compression Therapy for Lymphedema</a>
<a href="#">Cone Biopsy - The James</a>
<a href="#">Constipation and Opioid (Pain Medicine) Use</a>
<a href="#">Construction Work at Martha Morehouse Tower - Information for Patients at Risk</a>
<a href="#">Construction Work at The James - Information for Patients at Risk</a>
<a href="#">Contrast Enhanced Mammography (CEM)</a>
<a href="#">Conversations That Light the Way - Advance Care Planning</a>

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<a href="#">Cool Plan for Drug Leak</a>
<a href="#">Coping in a Time of Major Life Change</a>
<a href="#">Coping in a Time of Major Life Change - Russian</a>
<a href="#">Coping in a Time of Major Life Change - Somali</a>
<a href="#">Coping in a Time of Major Life Change - Spanish</a>
<a href="#">Coping When a Loved One is Seriously Ill</a>
<a href="#">Core Needle Biopsy</a>
<a href="#">Corticosteroids - The James</a>
<a href="#">Crizanlizumab</a>
<a href="#">Crizotinib (Xalkori)</a>
<a href="#">CVD: Cisplatin, Vinblastine, and Dacarbazine</a>
<a href="#">Cyclophosphamide</a>
<a href="#">Dabrafenib (Tafinlar)</a>
<a href="#">Dacarbazine</a>
<a href="#">Daily Breast Pain Log</a>
<a href="#">Daratumumab</a>
<a href="#">Dasatinib (Sprycel)</a>
<a href="#">Decitabine-Cedazuridine (Inqovi)</a>
<a href="#">Deep Breathing and Coughing with a Tracheostomy</a>
<a href="#">Deferasirox</a>
<a href="#">Delirium</a>
<a href="#">Denosumab (Xgeva, Prolia)</a>
<a href="#">Dental Stents for Radiation Therapy</a>
<a href="#">Diet and Fluid Guidelines for Ostomy Patients</a>
<a href="#">Dining Options</a>
<a href="#">Direct Microlaryngoscopy (DML)</a>
<a href="#">Discharge Information After Your Gastrointestinal (GI) Surgery</a>
<a href="#">Discharge Instructions and Immune Precautions Autologous Blood and Marrow Stem Cell Transplant</a>
<a href="#">Discharge Instructions and Immune Precautions: Allogeneic Blood and Marrow Transplant</a>
<a href="#">Docetaxel</a>
<a href="#">Doxorubicin Liposomal (Doxil)</a>
<a href="#">D-PACE: Dexamethasone, Cisplatin, Doxorubicin, Cyclophosphamide, Etoposide</a>
<a href="#">Driving Directions between Martha Morehouse Medical Plaza and The James Cancer Hospital</a>
<a href="#">Driving Directions between Stefanie Spielman Comprehensive Breast Center and James Cancer Hospital</a>
<a href="#">Driving Directions to Brain and Spine Hospital</a>
<a href="#">Driving Directions to Eye and Ear Institute</a>
<a href="#">Driving Directions to James Cancer Hospital and Solove Research Institute</a>
<a href="#">Driving Directions to OSU Gynecologic Oncology</a>
<a href="#">Driving Directions to The Ohio State University Wexner Medical Center</a>
<a href="#">Driving Directions to The Ohio State University Wexner Medical Center East Hospital</a>

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To narrow your search use “Ctrl + F” and enter a keyword

<a href="#">Driving Directions to The Stefanie Spielman Comprehensive Breast Center</a>
<a href="#">Dry Skin</a>
<a href="#">DT-PACE: Dexamethasone, Thalidomide, Cisplatin, Doxorubicin, Cyclophosphamide, Etoposide</a>
<a href="#">Ductal Carcinoma in Situ (DCIS) of the Breast</a>
<a href="#">Duvelisib (Copiktra)</a>
<a href="#">Early Detection of Lymphedema</a>
<a href="#">Eating Tips for Managing Cancer Treatment Side Effects</a>
<a href="#">Echocardiogram - The James</a>
<a href="#">ED Treatment with Manual Vacuum Erection Device</a>
<a href="#">ED Treatment with Motorized Vacuum Erection Device</a>
<a href="#">Eltrombopag (Promacta)</a>
<a href="#">Emergency Care for Acute Leukemia Patients</a>
<a href="#">Emergency Care for Blood and Marrow Transplant Patients</a>
<a href="#">Emergency Care for Hematology Patients</a>
<a href="#">Emergency Care for Hemostasis and Thrombosis Treatment Center Patients</a>
<a href="#">Emergency Care for Patients of The James</a>
<a href="#">EMPOWER. ENRICH. EDUCATE.</a>
<a href="#">Enasidenib (Idhifa)</a>
<a href="#">Encorafenib (Braftovi)</a>
<a href="#">Endari for Sickle Cell Disease Treatment</a>
<a href="#">Endocrine Therapy for Breast Cancer</a>
<a href="#">Endometrial Biopsy</a>
<a href="#">Endoscopic Sinus Surgery</a>
<a href="#">Enhanced Recovery Program</a>
<a href="#">Entrectinib (Rozlytrek)</a>
<a href="#">Enzalutamide (Xtandi)</a>
<a href="#">Erectile Dysfunction Treatment Options After Radical Pelvic Surgery</a>
<a href="#">Erectile Dysfunction: What is it?</a>
<a href="#">Eribulin</a>
<a href="#">Erlotinib (Tarceva)</a>
<a href="#">Erythrocytapheresis (Red Blood Cell Exchange)</a>
<a href="#">Esophageal Cancer</a>
<a href="#">Esophagectomy</a>
<a href="#">Esophagectomy - What to Expect During Your Hospital Stay</a>
<a href="#">Etoposide (Vepesid)</a>
<a href="#">Everolimus (Afinitor)</a>
<a href="#">Exemestane (Aromasin) for Females</a>
<a href="#">Exemestane (Aromasin) for Males</a>
<a href="#">Exemestane and Everolimus</a>
<a href="#">Exercise Basics – If you Have a Bleeding or Clotting Disorder</a>

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<a href="#">Exercise Log - Oncology Rehabilitation</a>
<a href="#">Exercises After a Mastectomy or Lymph Node Removal</a>
<a href="#">Exercises After a Mastectomy or Lymph Node Removal: Advanced Program</a>
<a href="#">Exercises After Breast Surgery</a>
<a href="#">Exercises After Thoracotomy</a>
<a href="#">Exercises Before and After Bone Marrow Transplant</a>
<a href="#">Exercises for a Frozen Shoulder (Adhesive Capsulitis)</a>
<a href="#">Exercises for Peripheral Neuropathy</a>
<a href="#">External Beam Radiation Therapy for Prostate Cancer</a>
<a href="#">Fam-Trastuzumab Deruxtecan</a>
<a href="#">FEC: Fluorouracil, Epirubicin and Cyclophosphamide</a>
<a href="#">Fecal Transplant (Stool Transplant)</a>
<a href="#">Feelings After Blood and Marrow Transplant</a>
<a href="#">Female Cancers and Sexuality</a>
<a href="#">Female Reproductive Organs</a>
<a href="#">Feraheme (ferumoxytol)</a>
<a href="#">Fertility Preservation for Males</a>
<a href="#">Fiber Intake for People with Ileostomies</a>
<a href="#">Fiberoptic Endoscopic Evaluation of Swallowing (FEES)</a>
<a href="#">Fight Cancer-Related Fatigue with Good Nutrition</a>
<a href="#">Fight Cancer-Related Fatigue with Good Nutrition - Russian</a>
<a href="#">Fight Cancer-Related Fatigue with Good Nutrition - Somali</a>
<a href="#">Fight Cancer-Related Fatigue with Good Nutrition - Spanish</a>
<a href="#">Filgrastim (Neupogen, Zarxio, Granix)</a>
<a href="#">Financial Assistance Services - Stefanie Spielman Comprehensive Breast Center (SSCBC)</a>
<a href="#">Financial Assistance Services at The James</a>
<a href="#">Finding Your Way - The Ohio State University Wexner Medical Center</a>
<a href="#">Fine Needle Aspiration Biopsy</a>
<a href="#">Fleets Enema Bowel Prep for Prostate Seed Implant or Fiducial Marker Placement</a>
<a href="#">Flexibility and Strengthening Exercises</a>
<a href="#">Fluoride Therapy</a>
<a href="#">Flushing Your Catheter - The James</a>
<a href="#">Flushing Your Feeding Tube</a>
<a href="#">Flushing Your Malecot Drain After Indiana Pouch Surgery</a>
<a href="#">Flushing Your PICC - The James</a>
<a href="#">Flutamide (Eulexin)</a>
<a href="#">fMRI (Functional Magnetic Resonance Imaging)</a>
<a href="#">Food Chart for Ostomy Patients</a>
<a href="#">Fostamatinib (Tavalisse)</a>
<a href="#">Free Flap Reconstruction Surgery</a>



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<a href="#">Full Body Photography</a>
<a href="#">Full Liquid Diet After Esophagectomy</a>
<a href="#">Fulvestrant</a>
<a href="#">Fulvestrant and Alpelisib</a>
<a href="#">Fulvestrant and Everolimus</a>
<a href="#">Fulvestrant and Palbociclib</a>
<a href="#">Gastric/Colorectal Cancers: Precautions for Use of Dietary/Herbal Supplements</a>
<a href="#">Gastrointestinal (GI) System</a>
<a href="#">Gemcitabine</a>
<a href="#">Gemcitabine and Carboplatin</a>
<a href="#">Gemcitabine and Cisplatin</a>
<a href="#">General Home Care After Breast Reconstruction Surgery</a>
<a href="#">General Instructions to Prepare for Breast Reconstruction Surgery</a>
<a href="#">General Medicine Guidelines for Your Surgery - The James</a>
<a href="#">Getting Your Skin Ready for Surgery - The James</a>
<a href="#">Gilteritinib (Xospata)</a>
<a href="#">Giving Medicine by Subcutaneous Injection - The James</a>
<a href="#">Giving Medicines Through Your Feeding Tube</a>
<a href="#">Giving Naloxone Nasal Spray for Opioid Overdose - The James</a>
<a href="#">Good Posture Habits Before and After Breast Surgery or Radiation</a>
<a href="#">Goserelin</a>
<a href="#">Graft Versus Host Disease</a>
<a href="#">Grief</a>
<a href="#">Gynecologic Oncology Surgery - Day of Surgery</a>
<a href="#">Gynecologic Oncology Surgery - What to Expect During Your Hospital</a>
<a href="#">Gynecologic Cancer - How to Prepare for Radiation Treatments</a>
<a href="#">Gynecologic Cancer - How to Prepare for Your CT Scan</a>
<a href="#">Hair Loss</a>
<a href="#">Hair Loss - Spanish</a>
<a href="#">Hand Foot Syndrome During Cancer Therapy</a>
<a href="#">Hand Washing - The James</a>
<a href="#">Head and Neck Cancer Resources</a>
<a href="#">Head and Neck Cancer Survivor Follow-Up Visits</a>
<a href="#">Head and Neck Oncology Surgery - Day of Surgery</a>
<a href="#">Head and Neck Oncology Surgery - What to Expect During Your Hospital Stay</a>
<a href="#">Head C.T. for Radiation Therapy Planning</a>
<a href="#">Heal Better with Forgiveness</a>
<a href="#">Hematology and Transplant Clinic</a>
<a href="#">Hematopoietic Progenitor Cells Apheresis Collection (HPC-A) (Stem Cell Apheresis)</a>
<a href="#">Hepatic Arterial Infusion Pump</a>

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<a href="#">High Blood Pressure - The James</a>
<a href="#">High Calcium in the Blood (Hypercalcemia)</a>
<a href="#">High Calorie, High Protein, Puréed Diet for Head and Neck Cancer Patients</a>
<a href="#">Home Care for Your Nephrostomy Catheter - The James</a>
<a href="#">Home Care for Your Surgically Placed Gastrostomy Tube or G-Tube</a>
<a href="#">Home Care for Your Wound Drain</a>
<a href="#">Home Care for Your Wound Drain After Breast Cancer Surgery</a>
<a href="#">Home Care Instructions After Gynecologic Brachytherapy</a>
<a href="#">Home Safety for Patients Receiving Cancer Therapy</a>
<a href="#">Home Tube Feeding: Daily Log</a>
<a href="#">Hotel Accommodations</a>
<a href="#">How to Care for Your Urinary (Foley) Catheter at Home/Female - The James</a>
<a href="#">How to Care for Your Urinary (Foley) Catheter at Home/Male - The James</a>
<a href="#">How to Change the Transparent Dressing and Biopatch</a>
<a href="#">How to Clean Your Tracheostomy or Laryngectomy Suction Catheter</a>
<a href="#">How to Dispose of Prescription Drugs</a>
<a href="#">How to Get Rid of Gas After Surgery</a>
<a href="#">How to Grieve When You Are Unable to Attend a Funeral or Memorial Service</a>
<a href="#">How to Increase Your Calories During Cancer Treatment</a>
<a href="#">How to Keep Your Food Safe</a>
<a href="#">How to Manage High Ostomy Output</a>
<a href="#">How to Prevent an Infection with Your Urinary (Foley) Catheter - The James</a>
<a href="#">How to Prevent Falls in the Hospital</a>
<a href="#">How to Prevent Pressure Sores - The James</a>
<a href="#">How to Suction Your Tracheostomy</a>
<a href="#">How to Use and Care for Your Compression Sleeve</a>
<a href="#">How to Use the Tube-Evac Device to Clear Your Drain System</a>
<a href="#">How to Use Your Sequential Pneumatic Pump</a>
<a href="#">How to Wear a N-95 Face Mask</a>
<a href="#">Human Papillomavirus (HPV) and Head and Neck Cancer</a>
<a href="#">Hydroxyurea for Sickle Cell Disease Treatment</a>
<a href="#">Ibrutinib (Imbruvica)</a>
<a href="#">Idelalisib (Zydelig)</a>
<a href="#">Imatinib (Gleevec)</a>
<a href="#">Immediate Care Center (ICC)</a>
<a href="#">Immune Thrombocytopenic Purpura (ITP)</a>
<a href="#">Immunocompromised Diet for BMT Patients</a>
<a href="#">Immunocompromised Diet for Cancer Patients</a>
<a href="#">Immunohistochemistry (IHC) Testing</a>
<a href="#">Implanted Port</a>

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<a href="#">Important Information About Cancer and the Flu</a>
<a href="#">Important Information About the Use of Pain Medicine</a>
<a href="#">Improve Your Nutrition and Exercise Before Surgery</a>
<a href="#">Incentive Spirometer</a>
<a href="#">Incision Care After Gastrointestinal (GI) Surgery</a>
<a href="#">Indocyanine Green (ICG) Lymphogram to Detect Lymphedema</a>
<a href="#">Infertility and Grief</a>
<a href="#">Inflammatory Breast Cancer (IBC)</a>
<a href="#">Information about Lung Cancer Screening</a>
<a href="#">Injection Cap Change - The James</a>
<a href="#">Inrebic (Fedratinib)</a>
<a href="#">Instructions for Having Gamma Knife Treatment with Head Frame</a>
<a href="#">Instructions for Having Gamma Knife Treatment with Mask</a>
<a href="#">Instructions to Prepare for Your Lymphedema Surgery</a>
<a href="#">Interferon Alpha - Information About Your Cancer Treatment</a>
<a href="#">Internet Resources for Bleeding and Clotting Disorders</a>
<a href="#">Internet Resources for Caregivers</a>
<a href="#">Intraoperative Radiation Therapy (IORT)</a>
<a href="#">Intraperitoneal Chemotherapy</a>
<a href="#">Intraperitoneal Chemotherapy Turning Schedule</a>
<a href="#">Intravenous (IV) Therapy</a>
<a href="#">Isatuximab (Sarclisa)</a>
<a href="#">IV CMF: Cyclophosphamide, Methotrexate and Fluorouracil</a>
<a href="#">Ixabepilone</a>
<a href="#">Ixazomib (Ninlaro)</a>
<a href="#">James Overnight Visitation Guidelines</a>
<a href="#">James Surgery Guide</a>
<a href="#">JamesCare for Life Programs</a>
<a href="#">Jelmyto Treatment for Your Upper Tract Urothelial Cancer</a>
<a href="#">Keeping Track of Symptoms</a>
<a href="#">Kegel or Pelvic Floor Exercises for Women</a>
<a href="#">Kegel or Pelvic Floor Muscle Exercises for Men</a>
<a href="#">Ketoconazole (Nizoral)</a>
<a href="#">Kidney Surgery: Guidelines for Home</a>
<a href="#">KTP Laser Treatment for Voice and Swallow Disorders</a>
<a href="#">Laparoscopic Adrenalectomy</a>
<a href="#">Lapatinib</a>
<a href="#">Lapatinib (Tykerb)</a>
<a href="#">Laryngectomy Stoma Care</a>
<a href="#">Laryngectomy Suctioning</a>

# James Patient Education Handouts (A – Z)

The James



Click on the title to see the handout

To narrow your search use “Ctrl + F” and enter a keyword

<a href="#">Laryngopharyngeal Reflux (LPR)</a>
<a href="#">Laryngoplasty</a>
<a href="#">Laser Treatment for Gynecology</a>
<a href="#">Leg Bag for Your Urinary (Foley) Catheter</a>
<a href="#">Leg Elevation</a>
<a href="#">Lenalidomide (Revlimid)</a>
<a href="#">Letrozole (Femara) for Females</a>
<a href="#">Letrozole (Femara) for Males</a>
<a href="#">Letrozole and Palbociclib</a>
<a href="#">Letrozole and Ribociclib</a>
<a href="#">Leukoplakia of the Vocal Cords</a>
<a href="#">Lifestyle and Nutrition Recommendations</a>
<a href="#">Liposuction to Manage Lymphedema</a>
<a href="#">Liquid Biopsy</a>
<a href="#">Liver Cancer</a>
<a href="#">Lomustine (CCNU)</a>
<a href="#">Long-Term Opioid Treatment</a>
<a href="#">Long-Term Side Effects from Head and Neck Radiation</a>
<a href="#">Lorlatinib (Lorbrena)</a>
<a href="#">Low Calcium in Your Blood (Hypocalcemia)</a>
<a href="#">Low-dose Abiraterone (Zytiga) with Food</a>
<a href="#">Low Tyramine Diet - The James</a>
<a href="#">Low White Blood Cell Count Precautions</a>
<a href="#">Lower Digestive System Diagram</a>
<a href="#">Lumbar Puncture - The James</a>
<a href="#">Lung Cancer: Diagnosis, Staging and Treatment</a>
<a href="#">Lung Diagram</a>
<a href="#">Lymph Drainage Exercises for Lower Extremity</a>
<a href="#">Lymph Drainage Exercises for Upper Extremity</a>
<a href="#">Lymphedema - How to Protect Your Arms or Legs</a>
<a href="#">Lymphedema and Treatment Options</a>
<a href="#">Lymphedema of the Head and Neck After Surgery or Radiation</a>
<a href="#">Lymphovenous Bypass Surgery to Manage Lymphedema</a>
<a href="#">Making the Most of Visits With Your Doctor</a>
<a href="#">Management of Fungating Wounds</a>
<a href="#">Managing Changes after Your Rotationplasty</a>
<a href="#">Managing Dyspnea (Shortness of Breath) When You Have Cancer</a>
<a href="#">Managing Hot Flashes For Men</a>
<a href="#">Managing Side Effects of VEGF Receptor Blockers</a>
<a href="#">Managing Symptoms of Menopause</a>

# James Patient Education Handouts (A – Z)

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<a href="#">Mandibulectomy</a>
<a href="#">Manual Lymphatic Drainage (MLD) Massage: Breast</a>
<a href="#">Manual Lymphatic Drainage (MLD) Massage: Lower Extremity (Leg)</a>
<a href="#">Manual Lymphatic Drainage (MLD) Massage: Upper Extremity (Arm)</a>
<a href="#">Margetuximab</a>
<a href="#">Maxillectomy</a>
<a href="#">Medical Identification Bracelet - Continent Urinary Diversion</a>
<a href="#">Medicine Exposure Precautions in the Hospital</a>
<a href="#">Medicine List Card - The James</a>
<a href="#">Melphalan (Alkeran)</a>
<a href="#">Mercaptopurine (Purinethol)</a>
<a href="#">Metastatic Breast Cancer</a>
<a href="#">Metastatic Breast Cancer: Questions to Ask Your Oncologist</a>
<a href="#">Metastatic Tumors of The Spine</a>
<a href="#">Methadone for Cancer-Related Pain</a>
<a href="#">Methotrexate (Trexall)</a>
<a href="#">Midostaurin (Rydapt)</a>
<a href="#">Mitomycin-C Therapy - Intravesical Treatment for Bladder Cancer</a>
<a href="#">Mitotane (Lysodren)</a>
<a href="#">Modified Charles' Procedure to Manage Lymphedema</a>
<a href="#">MRI Guided Breast Biopsy</a>
<a href="#">My Hospital Discharge Checklist</a>
<a href="#">My Medicine List</a>
<a href="#">Nasogastric (NG) Tube</a>
<a href="#">Neck Dissection</a>
<a href="#">Neratinib</a>
<a href="#">Neobladder Log</a>
<a href="#">Nilotinib (Tasigna)</a>
<a href="#">Nilutamide (Nilandron)</a>
<a href="#">Nipple Reconstruction</a>
<a href="#">Nitroglycerin Ointment After Breast Cancer Surgery</a>
<a href="#">Non-Drug Pain Relief - Hand Massage</a>
<a href="#">Non-Drug Pain Relief: Distraction with Humor</a>
<a href="#">Non-Drug Pain Relief: For Peripheral Neuropathy</a>
<a href="#">Non-Drug Pain Relief: Frozen Gel Packs</a>
<a href="#">Non-Drug Pain Relief: Heat Therapy</a>
<a href="#">Non-Drug Pain Relief: Ice Bags</a>
<a href="#">Non-Drug Pain Relief: Imagery</a>
<a href="#">Non-Drug Pain Relief: Relaxation with Breathing Exercises</a>
<a href="#">Non-Drug Pain Relief: Relaxation with Music or Sounds</a>

# James Patient Education Handouts (A – Z)

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<a href="#">Non-Hormonal Products to Help with Vaginal Dryness</a>
<a href="#">Nursing Reports and Rounds - The James</a>
<a href="#">Nutrition and Blood Cancer</a>
<a href="#">Nutrition and Your Tube Feeding</a>
<a href="#">Nutrition at Your Service - The James</a>
<a href="#">Nutrition Concerns with Advanced Illness or End of Life</a>
<a href="#">Nutrition Guidelines for Carcinoid Patients</a>
<a href="#">Nutrition Guidelines for Diabetes During Cancer Treatment</a>
<a href="#">Nutrition Internet Resources</a>
<a href="#">Nutrition Notes</a>
<a href="#">Nutrition Supplement to Improve Your Recovery After Surgery</a>
<a href="#">Nutrition Tips to Manage Your Diabetes</a>
<a href="#">Obesity-Induced Lymphedema</a>
<a href="#">Occupational Therapy for the Cancer Patient</a>
<a href="#">Octreoscan</a>
<a href="#">Octreotide (Sandostatin) LAR Injection</a>
<a href="#">Octreotide (Sandostatin) Subcutaneous (sub-Q) Injection</a>
<a href="#">Olaparib</a>
<a href="#">Ommaya Reservoir</a>
<a href="#">OnQ Pain Pump</a>
<a href="#">Osimertinib (Tagrisso)</a>
<a href="#">Osteoradionecrosis (ORN)</a>
<a href="#">Ototoxicity</a>
<a href="#">Outpatient Lodging: Allogeneic Blood and Marrow Stem Cell Transplant</a>
<a href="#">Outpatient Lodging: Autologous Blood and Marrow Stem Cell Transplant</a>
<a href="#">Ovarian Tumor Reduction Surgery</a>
<a href="#">Paclitaxel</a>
<a href="#">Paclitaxel and Bevacizumab</a>
<a href="#">Paclitaxel and Carboplatin</a>
<a href="#">Paclitaxel and Trastuzumab</a>
<a href="#">Paclitaxel-Protein Bound</a>
<a href="#">Pain Management</a>
<a href="#">Pain Management Log for Patients</a>
<a href="#">Pain Relief After Surgery</a>
<a href="#">Palbociclib</a>
<a href="#">Palliative Care</a>
<a href="#">Pamidronate (Aredia)</a>
<a href="#">Pancreatic Cancer</a>
<a href="#">Panobinostat (Farydak)</a>
<a href="#">Paracentesis</a>

# James Patient Education Handouts (A – Z)

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<a href="#">Paradoxical Vocal Fold Dysfunction (PVFD)</a>
<a href="#">Parotid Gland Surgery</a>
<a href="#">Partial Vulvectomy</a>
<a href="#">Parts of the Head and Brain</a>
<a href="#">Patient and Family Resource Center</a>
<a href="#">Patient Care Guide: Radical Prostatectomy</a>
<a href="#">Patient Guide to Iodine-131 (I-131) AZEDRA Treatment</a>
<a href="#">Patient Guide to Radioactive Iodine Treatment</a>
<a href="#">Pazopanib (Votrient)</a>
<a href="#">PCV: Procarbazine, CCNU and Vincristine</a>
<a href="#">Pedicle Flap Reconstruction Surgery</a>
<a href="#">Pegfilgrastim</a>
<a href="#">Pegfilgrastim (Neulasta) On-body Injector</a>
<a href="#">PEG Tube Care</a>
<a href="#">Pelvic Exenteration for the Female Patient</a>
<a href="#">Peptide Receptor Radionuclide Therapy (PRRT) – Lu-177</a>
<a href="#">Percutaneous Ablation</a>
<a href="#">Peripheral Neuropathy Caused by Cancer Treatment - Russian</a>
<a href="#">Peripheral Neuropathy Caused by Cancer Treatment - Somali</a>
<a href="#">Peripheral Neuropathy Caused by Cancer Treatment - Spanish</a>
<a href="#">Peripheral Neuropathy Caused by Chemotherapy or Anti-Cancer Medicine</a>
<a href="#">Peripherally Inserted Central Catheter (PICC)</a>
<a href="#">Pertuzumab and Trastuzumab</a>
<a href="#">Pertuzumab, Trastuzumab and Hyaluronidase</a>
<a href="#">Pertuzumab, Trastuzumab, Docetaxel and Carboplatin</a>
<a href="#">Pertuzumab, Trastuzumab, Paclitaxel and Carboplatin</a>
<a href="#">PET Scan</a>
<a href="#">Pexidartinib (Turalio)</a>
<a href="#">Photodynamic Therapy (PDT) for Your Skin</a>
<a href="#">Physical Therapy after Your Fibula Free Flap</a>
<a href="#">Physical Therapy After Your Rotationplasty</a>
<a href="#">Physical Therapy Before Your Rotationplasty</a>
<a href="#">Physical Therapy for Distal Femoral Replacement</a>
<a href="#">Physical Therapy for Internal Hemi-Pelvectomy</a>
<a href="#">Physical Therapy for Proximal Tibia Replacement</a>
<a href="#">Physical Therapy for Reverse Total Shoulder Replacement</a>
<a href="#">Physical Therapy for Strengthening Your Core After Abdominal Surgery</a>
<a href="#">Physical Therapy for the Bone Marrow Transplant Patient</a>
<a href="#">Physical Therapy for the Cancer Patient</a>
<a href="#">Physical Therapy for Your Oncologic Shoulder Replacement</a>

# James Patient Education Handouts (A – Z)

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To narrow your search use “Ctrl + F” and enter a keyword

<a href="#">PICC or Midline Catheter Sterile Dressing Change</a>
<a href="#">Planning for Your Hospital Discharge</a>
<a href="#">Plastic Surgery Internet Resources</a>
<a href="#">Plateletpheresis</a>
<a href="#">PleurX Catheter Frequently Asked Questions</a>
<a href="#">PleurX Catheter System Drainage Record</a>
<a href="#">PleurX Catheter System Drainage Record - Spanish</a>
<a href="#">PleurX Drainage Catheter</a>
<a href="#">Pomalidomide (Pomalyst)</a>
<a href="#">Ponatinib (Iclusig)</a>
<a href="#">Portal Vein Embolization</a>
<a href="#">Posaconazole Oral Solution</a>
<a href="#">Post Nipple and Areola Tattoo Care Instructions</a>
<a href="#">Post-op Incision Care Instructions for Musculoskeletal Oncology Patients</a>
<a href="#">Pre-Bone Marrow Transplant (BMT) Evaluation</a>
<a href="#">Preparing a Work Area</a>
<a href="#">Preparing and Recovering from Your Gastrointestinal (GI) Surgery</a>
<a href="#">Preparing and Recovering from Your Robotic Bladder Surgery</a>
<a href="#">Preparing and Recovering from Your Robotic Kidney Surgery</a>
<a href="#">Preparing for Your 5-HIAA Urine Test</a>
<a href="#">Preparing for Your Breast Biopsy</a>
<a href="#">Preparing for Your Central Venous Catheter (CVC) Placement</a>
<a href="#">Preparing for Your Gynecologic Oncology Surgery</a>
<a href="#">Preparing for Your Head and Neck Surgery</a>
<a href="#">Preparing for Your Head and Neck Oncology Surgery</a>
<a href="#">Preparing for Your Prostatectomy</a>
<a href="#">Preparing for Your Thoracic Surgery</a>
<a href="#">Preparing Your Chemotherapy</a>
<a href="#">Prevent Bleeding When Taking Blood Thinners</a>
<a href="#">Prevent Central Venous Catheter (CVC) Infections</a>
<a href="#">Prevent Peripherally Inserted Central Catheter (PICC) Infections</a>
<a href="#">Preventing Bleeding When You Have a Low Platelet Count</a>
<a href="#">Preventing Falls During Outpatient Care</a>
<a href="#">Problems with Your Central Venous Catheter (CVC)</a>
<a href="#">Problems with Your PICC</a>
<a href="#">Procarbazine (Matulane)</a>
<a href="#">Prolarynx Treatment to the Vocal Cord</a>
<a href="#">Prophylactic Lymphovenous Bypass (LVB) to Manage Lymphedema</a>
<a href="#">Prostate Cancer - Active Surveillance vs. Watchful Waiting</a>
<a href="#">Prostate Cancer - Determining Your Risk and Treatment Plan</a>



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To narrow your search use “Ctrl + F” and enter a keyword

<a href="#">Prostate Cancer - How to Prepare for Radiation Treatments</a>
<a href="#">Prostate Cancer - How to Prepare for Your CT Scan</a>
<a href="#">Prostate Cancer Grading</a>
<a href="#">Prostate Cancer Screening</a>
<a href="#">Prostate Cancer Treatment - Androgen Deprivation Therapy (ADT)</a>
<a href="#">Prostate Radiation - Side Effects</a>
<a href="#">Prostate Ultrasound and Biopsy</a>
<a href="#">PTD: Pertuzumab, Trastuzumab and Docetaxel</a>
<a href="#">PTP: Pertuzumab, Trastuzumab and Paclitaxel</a>
<a href="#">Pulmonary Function Tests</a>
<a href="#">Questions About My Medicines</a>
<a href="#">Questions and Answers About Having a Mammogram</a>
<a href="#">Questions and Answers about Nutrition and Cancer</a>
<a href="#">Questions and Answers about Sex after Prostatectomy</a>
<a href="#">Questions and Answers About Sex and Prostate Cancer</a>
<a href="#">Questions and Answers About Tube Feeding</a>
<a href="#">Questions to Ask Before Having a Breast Biopsy</a>
<a href="#">Quit Tobacco Use Before Surgery</a>
<a href="#">Radiation Therapy for Head and Neck Cancer</a>
<a href="#">Radiation Therapy: Precautions for Use of Dietary/Herbal Supplements and Skin Products</a>
<a href="#">Radical Cystectomy and Female Sexual Functioning</a>
<a href="#">Radical Cystectomy with a Continent Catheterizable Urinary Diversion</a>
<a href="#">Radical Cystectomy with an Orthotopic Neobladder</a>
<a href="#">Radical Cystectomy with Ileal Conduit Urinary Diversion</a>
<a href="#">Radical Hysterectomy</a>
<a href="#">Radical Prostatectomy</a>
<a href="#">Radical Vulvectomy</a>
<a href="#">Radioactive Prostate Seed Implant</a>
<a href="#">Radioactive Seed Localization</a>
<a href="#">Radiation Therapy for Gastrointestinal (GI) Cancers</a>
<a href="#">Radon and Lung Cancer</a>
<a href="#">Rash from Epidermal Growth Factors (EGF) Receptor Blockers</a>
<a href="#">R-BAC: Rituximab, Bendamustine, Cytarabine</a>
<a href="#">R-CHOP: Rituximab, Cyclophosphamide, Doxorubicin, Vincristine, Prednisone</a>
<a href="#">Recipes for People with Head and Neck Cancer</a>
<a href="#">Rectal Spacer</a>
<a href="#">Recurrent Respiratory Papillomatosis (RRP)</a>
<a href="#">Regorafenib (Stivarga)</a>
<a href="#">Relaxation Exercises</a>
<a href="#">Removal of Your Central Venous Catheter (CVC)</a>

# James Patient Education Handouts (A – Z)

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To narrow your search use “Ctrl + F” and enter a keyword

<a href="#">Removal of Your Central Venous Catheter (CVC) - Spanish</a>
<a href="#">Resources for People with Ostomies</a>
<a href="#">Restylane Treatment for Vocal Cord Problems</a>
<a href="#">Ribociclib</a>
<a href="#">Ripretinib (Qinlock)</a>
<a href="#">Robotic Bladder Surgery</a>
<a href="#">Robotic Cystectomy with a Continent Catheterizable Urinary Diversion</a>
<a href="#">Robotic Cystectomy with an Orthotopic Neobladder</a>
<a href="#">Robotic Cystectomy with Ileal Conduit Urinary Diversion</a>
<a href="#">Robotic Hysterectomy</a>
<a href="#">Robotic Hysterectomy - Spanish</a>
<a href="#">Robotic Oophorectomy</a>
<a href="#">Robotic Prostatectomy</a>
<a href="#">Robotic Prostatectomy - After Surgery</a>
<a href="#">Robotic Whipple or Distal Pancreatectomy and Splenectomy</a>
<a href="#">Ruxolitinib (Jakafi)</a>
<a href="#">Sacituzumab Govitecan</a>
<a href="#">Safety Tips for Peripheral Neuropathy Caused by Cancer Treatment</a>
<a href="#">Safety Tips to Prevent Falls at Home</a>
<a href="#">Sarcomas</a>
<a href="#">Scalp Cooling</a>
<a href="#">Scarves and Head Coverings for Hair Loss</a>
<a href="#">Self-Catheterization and Irrigation for Female Patients with a Neobladder</a>
<a href="#">Self-Catheterization and Irrigation for Male Patients with a Neobladder</a>
<a href="#">Self-Catheterization for Gynecologic Oncology</a>
<a href="#">Self-Catheterization Record Gynecologic Oncology</a>
<a href="#">Selpercatinib (Retevmo)</a>
<a href="#">Sexual Changes During Chemotherapy</a>
<a href="#">Sexuality After Cancer</a>
<a href="#">Short-Term Side Effects from Head and Neck Radiation</a>
<a href="#">Shoulder Abduction Exercises</a>
<a href="#">Shoulder Exercises after a Neck Dissection</a>
<a href="#">Shoulder Exercises after a Neck Dissection - Advanced Program</a>
<a href="#">Sickle Cell Day Hospital</a>
<a href="#">Sickle Cell Disease: Acute Chest Syndrome</a>
<a href="#">Sickle Cell Disease: Questions and Answers</a>
<a href="#">Skin Breakdown under the Breast</a>
<a href="#">Skin Care for Gastrointestinal (GI) Radiation</a>
<a href="#">Skin Care for Head and Neck Radiation</a>
<a href="#">Skin Care for Head and Neck Radiation – Grade 1 Dermatitis</a>

# James Patient Education Handouts (A – Z)

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<a href="#">Skin Care for Head and Neck Radiation – Grade 2 Dermatitis</a>
<a href="#">Skin Care for Head and Neck Radiation – Grade 3 Dermatitis</a>
<a href="#">Small Cell Lung Cancer</a>
<a href="#">Social Work Services for Head and Neck Cancer Patients</a>
<a href="#">Soft Diet After Esophagectomy</a>
<a href="#">Soft Diet After Gastrointestinal (GI) Stent</a>
<a href="#">Sorafenib (Nexavar)</a>
<a href="#">Steps to Treat Constipation with Over-the-Counter Medicine</a>
<a href="#">Steroid Induced Diabetes</a>
<a href="#">Steroid Induced Diabetes Education Checklist</a>
<a href="#">Stopping Tobacco and Alcohol Use Before Surgery</a>
<a href="#">Storage Pool Platelet Disorder</a>
<a href="#">Stress Management for Head and Neck Cancer Patients</a>
<a href="#">Suggestions for Making Each Day Count</a>
<a href="#">Sun Safety for Cancer Survivors</a>
<a href="#">Sunitinib (Sutent)</a>
<a href="#">Supine Decompression Exercises</a>
<a href="#">Supraglottic Swallowing Method</a>
<a href="#">Surgery Instructions Voice &amp; Swallowing Disorders Clinic</a>
<a href="#">Swallowing Exercises for Patients with Head and Neck Cancer</a>
<a href="#">Syringe Bolus Tube Feedings</a>
<a href="#">Taking Care of Yourself After TACE</a>
<a href="#">Taking Your Temperature - Adult</a>
<a href="#">Talazoparib</a>
<a href="#">Tamoxifen (Nolvadex) for Females</a>
<a href="#">Tamoxifen (Nolvadex) for Males</a>
<a href="#">Targeted Therapy for Non-Small Cell Lung Cancer</a>
<a href="#">Tazemetostat (Tazverik)</a>
<a href="#">TC: Docetaxel and Cyclophosphamide</a>
<a href="#">TCH: Docetaxel, Carboplatin and Trastuzumab</a>
<a href="#">Telehealth Visits with My Health Care Team</a>
<a href="#">Temozolomide (Temodar)</a>
<a href="#">Temperature Record</a>
<a href="#">Testicular Self-Examination (TSE)</a>
<a href="#">Thalidomide (Thalomid)</a>
<a href="#">The ABCDE’s of Melanoma and Skin Self-Exam</a>
<a href="#">The Blood and Marrow Transplant Health Care Team</a>
<a href="#">The Esophagus</a>
<a href="#">The Importance of Good Skin Care with Lymphedema</a>
<a href="#">The James Advanced Exercise Program</a>

# James Patient Education Handouts (A – Z)

The James



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To narrow your search use “Ctrl + F” and enter a keyword

<a href="#">The James Cancer Diagnostic Clinic</a>
<a href="#">The Respiratory System</a>
<a href="#">Therapeutic Phlebotomy</a>
<a href="#">Things Everyone with Diabetes Should Know</a>
<a href="#">Thioguanine (Tabloid)</a>
<a href="#">Thoracic Surgery - Day of Surgery</a>
<a href="#">Thyrogen</a>
<a href="#">Thyroid Cancer</a>
<a href="#">Thyroid or Parathyroid Surgery</a>
<a href="#">Thyroid Testing and Treatment</a>
<a href="#">Tips About Using Medicines</a>
<a href="#">Tips About Using Medicines – Somali</a>
<a href="#">Tips for a Successful Exercise Program</a>
<a href="#">Tips for Managing Nausea and Vomiting</a>
<a href="#">Tips for Weight Control and Healthy Living</a>
<a href="#">Tobacco Use and Head and Neck Cancer Treatment</a>
<a href="#">Tomosynthesis – 3D Breast Imaging</a>
<a href="#">Total Body Irradiation (TBI) for Adults: What You Need to Know</a>
<a href="#">Total Laryngectomy</a>
<a href="#">Total Laryngectomy Supply Kit Electrolarynx</a>
<a href="#">Total Laryngectomy Supply Kit Tracheoesophageal Puncture with Voice Prosthesis</a>
<a href="#">Tracheoesophageal Speech with Voice Prosthesis</a>
<a href="#">Tracheostomy Capping at Home</a>
<a href="#">Tracheostomy Care with Non-disposable Inner Cannula - The James</a>
<a href="#">Tracheostomy or Laryngectomy: When to Call Your Doctor</a>
<a href="#">Training Your Neobladder</a>
<a href="#">Trametinib (Mekinist)</a>
<a href="#">Transarterial Embolization (TAE)</a>
<a href="#">Transfusion of Blood / Blood Products</a>
<a href="#">Transfusion Reaction</a>
<a href="#">Transperineal Prostate Biopsy</a>
<a href="#">Trastuzumab</a>
<a href="#">Trastuzumab and Hyaluronidase</a>
<a href="#">Trastuzumab and Lapatinib</a>
<a href="#">Trastuzumab, Tucatinib, and Capecitabine</a>
<a href="#">Treatment for Erectile Dysfunction (ED) Penile Implants</a>
<a href="#">Treatment for Erectile Dysfunction (ED) Penile Injection Therapy</a>
<a href="#">Treatment of Diarrhea using High-Dose Loperamide</a>
<a href="#">Treatment of Diarrhea using Moderate-Dose Loperamide</a>
<a href="#">Tretinoin (ATRA/Vesanoid)</a>

# James Patient Education Handouts (A – Z)

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<a href="#">Trismus</a>
<a href="#">Tunneled Central Venous Catheter (CVC) Placement</a>
<a href="#">Types of Breast Cancer Surgeries</a>
<a href="#">Type 2 Diabetes: Medicines Before Tests and Surgery - The James</a>
<a href="#">Types of Lung Surgery</a>
<a href="#">Understanding Blood Cell Counts</a>
<a href="#">Understanding Blood Tests</a>
<a href="#">Urinary System Diagram</a>
<a href="#">Urostomy Wallet Card</a>
<a href="#">Useful Information for Lung Cancer Patients and Guests</a>
<a href="#">Useful Information for Patients and Guests</a>
<a href="#">Using CHG Bath Cloths - The James</a>
<a href="#">Using Elastic Tape to Control Swelling</a>
<a href="#">Using Exercise to Fight Cancer-Related Fatigue</a>
<a href="#">Using Herbs and Dietary Supplements</a>
<a href="#">Vaginal Dilator Exercises</a>
<a href="#">Vandetanib (Caprelsa)</a>
<a href="#">Vascularized Lymph Node Transfer to Manage Lymphedema</a>
<a href="#">VD-PACE: Velcade, Dexamethasone, Cisplatin, Doxorubicin, Cyclophosphamide, Etoposide</a>
<a href="#">Vemurafenib (Zelboraf)</a>
<a href="#">Venetoclax (Venclexta)</a>
<a href="#">Vinorelbine</a>
<a href="#">Vitamin D</a>
<a href="#">Vocal Hygiene</a>
<a href="#">Vorinostat (Zolinza)</a>
<a href="#">Voxelotor</a>
<a href="#">Walking Guidelines for People with Cancer to Use at Home</a>
<a href="#">Walking Guidelines for People with Cancer to Use While in the Hospital</a>
<a href="#">Warm Plan for Drug Leak</a>
<a href="#">Welcome to 19 James Surgical Oncology and Colorectal Surgery</a>
<a href="#">Welcome to Gynecologic Oncology</a>
<a href="#">Welcome to Stefanie Spielman Comprehensive Breast Center</a>
<a href="#">Welcome to the Acute Leukemia Program</a>
<a href="#">Welcome to the Adult Comprehensive Sickle Cell Program</a>
<a href="#">Welcome to the Head and Neck Oncology Program</a>
<a href="#">Welcome to The Hemostasis and Thrombosis Treatment Center (HTC) at The Ohio State University WMC</a>
<a href="#">Welcome to The Interventional Pulmonary Clinic</a>
<a href="#">Welcome to The James - Admission</a>
<a href="#">Welcome to The James Gastrointestinal (GI) Clinic</a>
<a href="#">Welcome to The James Hematology and Transplant Clinic</a>

# James Patient Education Handouts (A – Z)

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To narrow your search use “Ctrl + F” and enter a keyword

<a href="#">Welcome to The James Infusion Clinic</a>
<a href="#">Welcome to The James Lung Cancer Clinic</a>
<a href="#">Welcome to The James Neuroendocrine Tumor Clinic</a>
<a href="#">Welcome to The James Neuro-Oncology Clinic</a>
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<a href="#">Welcome to The James: Your Clinic Visit</a>
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# James Patient Education Handouts (A – Z)

The James



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<a href="#">Zoledronic Acid (Zometa, Reclast)</a>