

# 内窥镜检查前的用药变更

## Medicine Changes Before Your Endoscopy Procedure

Some medicines need to be stopped a certain number of days before your procedure. Review these instructions as soon as you get them to see if you are taking any of these types of medicines. Common brand names are listed, but there may be other brand names not listed.

### If you take a blood thinner (anticoagulant or antiplatelet) medicine

Your doctor may tell you to stop taking this medicine a certain number of days before your procedure. Or your doctor may tell you to keep taking it. Make sure that you understand exactly what your doctor wants you to do.

- Ask the doctor who ordered this medicine if it is safe for you to stop taking it before this procedure.
- **If you have had a stent**, especially a stent in your heart or brain, **DO NOT STOP** taking your blood thinner medicine until you are instructed by the doctor who placed the stent.

有些药物需要您在接受检查前停用一定天数。请在收到本指示后尽快阅览,以了解您是否正在服用任何此类药物。本指示中已列出药物的常见品牌名,但也可能存在未列出的其他品牌名。

### 如果您服用血液稀释剂(抗凝血剂或抗血小板药物)

您的医生可能会告知您在检查前几天停用此类药物。或者您的医生可能会告知您可继续服用此类药物。确保您完全理解您医生的指示。

- 向开药的医生咨询,在接受此检查前停用此类药物是否安全。
- **如果您体内有支架置入**,尤其是心脏或大脑中有支架,除非置入支架的医生明确指示,否则请勿停用血液稀释剂。



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- If your doctor has told you NOT to stop taking these medicines before this procedure, please contact the health care provider who is doing your procedure and ask to speak to a nurse.
- **Anticoagulant and antiplatelet medicines:** Below is a list of common blood thinner/stent medicines. If your blood thinner/stent medicine is not listed, contact the doctor who ordered your medicine for instructions:
  - apixaban (Eliquis)
  - clopidogrel (Plavix)
  - dabigatran (Pradaxa)
  - edoxaban (Savaysa)
  - enoxaparin (Lovenox)
  - fondaparinux (Arixtra)
  - heparin
  - rivaroxaban (Xarelto)
  - ticagrelor (Brilinta)
  - vorapaxar (Zontivity)
  - warfarin (Coumadin, Jantoven)
- 如果医生建议您在接受检查前不要停用此类药物, 请联系将为您提供检查的医疗保健提供者, 并要求与护士沟通。
- **抗凝血剂或抗血小板药物:** 以下是常见的血液稀释剂/支架药物的清单。如果您使用的血液稀释剂/支架药物未列于其中, 请联系为您开药的医生, 以获取指示:
  - 阿哌沙班 (apixaban) (Eliquis)
  - 氯吡格雷 (clopidogrel) (Plavix)
  - 达比加群酯 (dabigatran) (Pradaxa)
  - 依度沙班 (edoxaban) (Savaysa)
  - 依诺肝素 (enoxaparin) (Lovenox)
  - 磺达肝葵钠 (fondaparinux) (Arixtra)
  - 肝素钠 (heparin)
  - 利伐沙班 (rivaroxaban) (Xarelto)
  - 替格瑞洛 (ticagrelor) (Brilinta)
  - 沃拉帕克 (vorapaxar) (Zontivity)
  - 华法林 (warfarin) (Coumadin、Jantoven)

## If you take any of these medicines for diabetes, weight loss, or another reason

- If you take insulin, ask the doctor who ordered the insulin how to adjust before for your procedure.
- Do not take oral (by mouth) diabetes medicines on the day of your procedure.

## 如果您因为糖尿病、减肥或其他原因而使用任何此类药物

- 如果您使用胰岛素, 请咨询给您开胰岛素的医生在接受检查前如何调整用药。
- 检查当天切勿服用(口服)糖尿病药物。

- **If you take any of these oral medicines listed below, stop taking it for the following number of days before your procedure:**

药物/[Medicine]	接受检查前应停药的天数/[Number of days to stop taking before procedure]
<ul style="list-style-type: none"> <li>▶ 艾瑞格列净 (ertugliflozin) (Steglatro)</li> </ul>	4 天/[4 days]
<ul style="list-style-type: none"> <li>▶ 贝格列净 (bexagliflozin) (Brenzavvy)</li> <li>▶ 卡格列净 (canagliflozin) (Invokana)</li> <li>▶ 达格列净 (dapagliflozin) (Farxiga)</li> <li>▶ 恩格列净 (empagliflozin) (Jardiance)</li> <li>▶ 索格列净 (sotagliflozin) (Inpefa)</li> </ul>	3 天/[4 days]
<ul style="list-style-type: none"> <li>▶ 赛马格鲁肽 (semaglutide) (Rybelsus)</li> </ul>	1 天/[1 day]

- **如果您服用下列任何口服药物, 请在接受检查前根据以下天数规定停用相应药物:**

- **If you use one of these injection medicines, stop taking it before your procedure as listed below:**

药物/[Medicine]	接受检查前应停药的天数/[Number of days to stop taking before procedure]
<ul style="list-style-type: none"> <li>▶ 度拉糖肽 (dulaglutide) (Trulicity)</li> <li>▶ 艾塞那肽 (exenatide) (Bydureon BCise, Byetta)</li> <li>▶ 利拉鲁肽 (liraglutide) (Saxenda, Victoza)</li> <li>▶ 赛马格鲁肽 (semaglutide) (Ozempic, Wegovy)</li> <li>▶ 替西帕肽 (tirzepatide) (Mounjaro, Zepbound)</li> </ul>	<ul style="list-style-type: none"> <li>▶ 如果您每天都使用此类注射剂: 检查当天请勿使用/[If you use the injection daily: do not use on day of procedure]</li> <li>▶ 如果您每周使用一次此类注射剂: 请在接受检查前一周暂停使用此类药物/[If you use the injection weekly: stop taking 1 week before the procedure]</li> <li>▶ 如果您仅出于减肥目的而每周使用一次此类注射剂: 请在接受检查前两周暂停使用此类药物/[If you use the injection weekly for <b>weight loss only</b>: stop taking for 2 weeks before the procedure]</li> </ul>

- **如果您使用此类注射药物中的任意一种, 请在接受检查前根据以下说明停用相应药物:**

- **If you take phentermine (Adipex), phentermine/topiramate (Qysmia), or naltrexone/bupropion (Contrave), please contact your prescribing provider to taper off the medicine before your procedure. These medicines should be stopped slowly by taking smaller doses overtime as directed by your provider.**

- **如果您服用苯丁胺 (phentermine) (Adipex)、苯丁胺/托吡酯 (topiramate) (Qysmia) 或纳曲酮 (naltrexone)/安非他酮 (bupropion) (Contrave), 请联系给您开立处方药的提供者, 以便在您接受检查前逐渐减少药量。您应在提供者的指导下, 通过逐渐减少用药剂量来慢慢停用这些药物。**

## Other medicines

- If you take aspirin or NSAIDs, such as ibuprofen (Advil, Motrin, and Nuprin), naproxen (Aleve), or celecoxib (Celebrex) for pain, you **CAN** keep taking these medicines before this procedure.
  - You should continue all your other medicines with a sip of water unless you are instructed to make a change before this procedure.

## 其他药物

- 如果您服用阿司匹林 (aspirin) 或非甾体抗炎药 (Nonsteroidal Anti-inflammatory Drug, NSAID), 如止痛药布洛芬 (ibuprofen) (Advil、Motrin 和 Nuprin), 萘普生 (naproxen) (Aleve) 或塞来昔布 (celecoxib) (Celebrex), 您**可以**在接受检查前继续服用此类药物。
  - 您应继续小口饮水服用所有其他药物, 除非您在检查前收到不同指示。

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本宣传材料仅供参考。如果您对您的护理有任何疑问, 请咨询您的医生或医疗保健团队。如需了解更多健康信息, 请拨打 614-293-3707 或发送电子邮件至 [health-info@osu.edu](mailto:health-info@osu.edu) 与健康信息图书馆 (Library for Health Information) 联系。

[This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.] [For more health information, contact the Library for Health Information at 614-293-3707 or [health-info@osu.edu](mailto:health-info@osu.edu).]