

# Isbedelka Daawadu Kahor ka hor Habka endoscopy-gaga

## Medicine Changes Before Your Endoscopy Procedure

Some medicines need to be stopped a certain number of days before your procedure. Review these instructions as soon as you get them to see if you are taking any of these types of medicines. Common brand names are listed, but there may be other brand names not listed.

### If you take a blood thinner (anticoagulant or antiplatelet) medicine

Your doctor may tell you to stop taking this medicine a certain number of days before your procedure. Or your doctor may tell you to keep taking it. Make sure that you understand exactly what your doctor wants you to do.

- Ask the doctor who ordered this medicine if it is safe for you to stop taking it before this procedure.
- **If you have had a stent**, especially a stent in your heart or brain, **DO NOT STOP** taking your blood thinner medicine until you are instructed by the doctor who placed the stent.

Daawooyinka qaarkood waxay u baahan yihiin in la joojiyo dhawr maalmood ka hor hawshaada qaliinka. Si aad u ogaatid haddii aad qaadaneyso daawooyinka noocan ah dib u eeg tilmaamahan sida ugu dhakhsaha badan ee aad u hesho. Magacyada summadaha caadiga ah waa la taxay, laakiin waxaa jiri kara magacyo calaamadeed oo kale oo aan ku jirin liiska.

### Haddii aad qaadato daawada dhiiga (ka-hortagga xinjirowga dhiiga oo khafiifisa)

Waxa laga yaabaa in dhakhtarkaagu uu kuu sheego inaad joojiso qaadashada dhawr maalmood ka hor qalinka. Ama waxaa laga yaabaa in dhakhtarkaagu uu kuu sheego inaad sii wadato qaadashada. Hubi inaad si sax ah u fahantay waxa uu dhakhtarkaagu kaa rabo inaad sameyso.

- Waydii dhakhtarka amray dawadan haddii ay badqab kuu tahay inaad joojiso qaadashada ka hor qalinka.
- **Hadii aad leedahay tuubada yar ee dhiiga qaada**, gaar ahaan tubada dhiiga ku yaal wadnahaaga ama maskaxdaada, **HA JOOJIN** qaadashada daawada khafiifisa dhiigaaga ilaa uu kuu sheego dhakhtarka dhigay tubada dhiiga.



- If your doctor has told you NOT to stop taking these medicines before this procedure, please contact the health care provider who is doing your procedure and ask to speak to a nurse.
- **Anticoagulant and antiplatelet medicines:** Below is a list of common blood thinner/stent medicines. If your blood thinner/stent medicine is not listed, contact the doctor who ordered your medicine for instructions:
  - apixaban (Eliquis)
  - clopidogrel (Plavix)
  - dabigatran (Pradaxa)
  - edoxaban (Savaysa)
  - enoxaparin (Lovenox)
  - fondaparinux (Arixtra)
  - heparin
  - rivaroxaban (Xarelto)
  - ticagrelor (Brilinta)
  - vorapaxar (Zontivity)
  - warfarin (Coumadin, Jantoven)
- Haddii dhaqtarkaaga uu kuu sheegay **INAADAN** joojin qaadashada daawooyinka ka hor qalinka, fadlan la xiriir bixiyaha daryeelka caafimaadka ee sameynaya qaliinkaaga.
- **Dawooyinka xinjirowga lidka ku ah iyo kuwa ka hortagga platelet:** Hoos waxaa ku qoran liiska daawooyinka caadiga ah ee dhiigga khafiifisa/tubada dhiiga. Haddii daawada dhiigga lagu khafiifiyo/ tubada la geliyo aysan ku jirin liiska, la xiriir dhakhtarka kuu qoray daawada si aad u hesho tilmaamaha:
  - apixaban (Eliquis)
  - clopidogrel (Plavix)
  - dabigatran (Pradaxa)
  - edoxaban (Savaysa)
  - enoxaparin (Lovenox)
  - fondaparinux (Arixtra)
  - heparin
  - rivaroxaban (Xarelto)
  - ticagrelor (Brilinta)
  - vorapaxar (Zontivity)
  - warfarin (Coumadin, Jantoven)

## If you take any of these medicines for diabetes, weight loss, or another reason

- If you take insulin, ask the doctor who ordered the insulin how to adjust before for your procedure.
- Do not take oral (by mouth) diabetes medicines on the day of your procedure.

## Haddii aad qaadatid daawooyinkaas midkoodna macaanka, miisaanka oo yaraada, ama sabab kale awgeed

- Haddii aad qaadato dawada unugyada, weydii dhakhtarka kuu qoray dawada unugyada sida loo yareeyo ka hor inta aan lagu sameyn qaliinka.
- Ha qaadnin daawooyinka macaanka ee (afka) laga qaato maalinta qaliinka lagu sameynayo.

- **If you take any of these oral medicines listed below**, stop taking it for the following number of days before your procedure:

- **Haddii aad qaadatid daawooyinka afka laga qaato ee hoos ku qoran** jooji qaadashada ilaa tirada soo socota ee maalmood ka hor qalinka:

Daawada/[Medicine]	Tirada maalmaha la joojinayo qaadashada ka hor qaliinka/[Number of days to stop taking before procedure]
<ul style="list-style-type: none"> <li>› ertugliflozin (Steglatro)</li> </ul>	4 maalmood/[4 days]
<ul style="list-style-type: none"> <li>› bexagliflozin (Brenzavvy)</li> <li>› canagliflozin (Invokana)</li> <li>› dapagliflozin (Farxiga)</li> <li>› empagliflozin (Jardiance)</li> <li>› sotagliflozin (Inpefa)</li> </ul>	3 maalmood/[4 days]
<ul style="list-style-type: none"> <li>› semaglutide (Rybelsus)</li> </ul>	1 maalin/[1 day]

- **If you use one of these injection medicines**, stop taking it before your procedure as listed below:

- **Haddii aad isticmaasho mid ka mid ah daawooyinkan la isku duro** Jooji qaadashada ka hor qalinka sida hoos ku qoran:

Daawada/[Medicine]	Tirada maalmaha la joojinayo qaadashada ka hor qaliinka/[Number of days to stop taking before procedure]
<ul style="list-style-type: none"> <li>› dulaglutide (Trulicity)</li> <li>› exenatide (Bydureon BCise, Byetta)</li> <li>› liraglutide (Saxenda, Victoza)</li> <li>› semaglutide (Ozempic, Wegovy)</li> <li>› tirzepatide (Mounjaro, Zepbound)</li> </ul>	<ul style="list-style-type: none"> <li>› Haddii aad maalin walba isticmaaleysid duritaanka: ha isticmaalin maalin qaliinka/[If you use the injection daily: do not use on day of procedure]</li> <li>› Haddii aad isbuuc walba isticmaaleysid duritaanka: jooji qaadashada 1 todobaad kahor qaliinka/[If you use the injection weekly: stop taking 1 week before the procedure]</li> <li>› Haddii aad isticmaashid duritaanka toddobaad kasta <b>miisaanka oo yaraada kaliya</b>: jooji qaadashada 2 todobaad kahor qaliinka/[If you use the injection weekly for <b>weight loss only</b>: stop taking for 2 weeks before the procedure]</li> </ul>

- **If you take phentermine (Adipex), phentermine/topiramate (Qysmia), or naltrexone/bupropion (Contrave),** please contact your prescribing provider to taper off the medicine before your procedure. These medicines should be stopped slowly by taking smaller doses overtime as directed by your provider.
- **Haddii aad qaadato phentermine (Adipex), phentermine/topiramate (Qysmia), ama naltrexone/bupropion (Contrave),** fadlan la xidhiidh bixiyahaaga daawada si aad u joojiso daawada ka hor qalinkaaga. Daawooyinkan waa in si tartiib ah loo joojiyo iyadoo la qaadanayo qiyaas yar oo dheeraad ah sida uu ku farayo bixiyahaaga.

## Other medicines

- If you take aspirin or NSAIDs, such as ibuprofen (Advil, Motrin, and Nuprin), naproxen (Aleve), or celecoxib (Celebrex) for pain, you **CAN** keep taking these medicines before this procedure.
  - You should continue all your other medicines with a sip of water unless you are instructed to make a change before this procedure.

## Daawooyinka kale

- Haddii aad qaadatid aspirin ama NSAIDs, sida ibuprofen (Advil, Motrin, iyo Nuprin), naproxen (Aleve), ama celecoxib (Celebrex) xanuunka, adiga waxa **AWOODA** in aad sii wadato qaadashada daawooyinkan ka hor inta aan la sameynin qalinka.
  - Waa inaad ku sii wadataa dhammaan daawooyinkaaga kale kabbasho biyo ah ilaa lagu amro inaad wax ka bedesho ka hor qalinka.

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**Qoraalkan waxa loogu talagalay ujeedooyin macluumaad oo keliya. La hadal dhakhtarkaaga ama kooxda daryeelka caafimaadka haddii aad qabto wax su'aalo ah oo ku saabsan daryeelkaaga.** Macluumaad dheeraad ah oo ku saabsan caafimaadka waxaad ka heleysaa maktabadda macluumaadka caafimaadka 614-293-3707 ama [health-info@osu.edu](mailto:health-info@osu.edu).

[This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.] [For more health information, contact the Library for Health Information at 614-293-3707 or [health-info@osu.edu](mailto:health-info@osu.edu).]