

Nadofaragene firadenovec (Adstiladrin)

Your doctor has recommended that you be treated with nadofaragene firadenovec-vncg, also known as Adstiladrin (add-still-uh-drin).

Adstiladrin is an **intravesical therapy**. An intravesical therapy is when a liquid medicine is placed into your bladder through a catheter (a thin, flexible tube).

You may be prescribed Adstiladrin because your cancer did not respond to BCG (Bacillus Calmette-Guerin) treatment. Adstiladrin helps your body's immune system fight the cancer cells. It may also delay the cancer from coming back. Adstiladrin is usually given 1 time every 3 months.

You may be asked to continue Adstiladrin treatments for up to a year. For some patients, treatment may be longer than a year.

Before Your Treatment

- Tell your nurse or doctor if you have trouble holding your urine for 60 minutes or other problems urinating.
- If you have problems holding your urine, consider eliminating caffeine and alcohol for 24 hours before your treatment.
- You will receive a call from a nurse on the morning of your Adstiladrin treatment to review if you have any concerning urinary symptoms. If there are no concerns, the nurse will work with your treatment team to prepare the medicine for your arrival at the clinic.
- **Do not** drink anything for 4 hours before you arrive at the clinic.
- You may eat before your treatment.
- It is best to have some urine in your bladder before your treatment. This helps your nurse ensure correct catheter placement.

This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.

On the Day of Your Treatment

- You will be asked to undress from the waist down and will be given a sheet to cover yourself.
- Your nurse will ask you to lie on your back on a stretcher or bed.
- A cleansing solution called Betadine will be used on your genital area (between your legs).
- The catheter will be placed into your urethra.
- This catheter will drain the urine from your bladder. Once the urine is drained, Adstiladrin will be placed into your bladder through the same catheter.
- After the medicine is given, the catheter is typically removed and the medicine will remain in your bladder for 60 minutes.
- During that 60-minute dwell time, you may be asked to change your position every 15 minutes from left to right, and from your back to your stomach.
- You will hold your bladder for the duration of the 60 minutes. If you cannot hold your urine, let your nurse know.
- Tell your nurse if you have pain or bladder spasms. There may be medicines that can help you feel more comfortable during your next treatment.

After Your Treatment

- You may wear a pad home to soak up any liquid that may leak out.
- Drink plenty of water to flush your bladder. A good goal would be to drink eight, 8-ounce glasses of water or to drink one half-gallon of water.
- Record or make note of any new bladder symptoms (i.e. spasms, urgency, frequency) you have after treatment, especially in the first few days. This can help your treatment team adjust your care plan.
- You may return to your normal activities upon your return home after this treatment.

Safety Precautions

During the first 2 days after treatment, follow these steps each time you urinate:

- **Use the same toilet** in your home each time you urinate.
- **Pour one cup of bleach into the toilet before urinating.**
- To keep from splashing or spraying, **sit on the toilet when you urinate.**
- After urinating, wait 15 minutes before flushing the toilet. You should close the lid when you flush the toilet.
- Wash your hands and genital area with soap and warm water after each time you urinate to keep your skin from being irritated.
- Any clothes or linens that have urine on them should be washed on the hot cycle in a washing machine. Wash soiled laundry separately.
- If urine splashes or spills on the floor, toilet seat or other areas, clean it up with a water and bleach mixture (1/2 cup bleach and 4 cups of water).
- **If you are sexually active, you or your partner must wear a condom** during your treatment and for 1 week after your last treatment. Females should use effective contraception (birth control) during treatment and 6 months after the last dose of Adstiladrin. Males should use effective contraception during treatment and 3 months after the last dose of Adstiladrin.

Side Effects

These symptoms usually do not last longer than 2 days. Call your doctor if your symptoms are bothersome or concerning.

The most common side effects of Adstiladrin are:

- Urinary discharge
- Fatigue
- Bladder spasms or pain
- Frequent urination
- Urgent need to urinate
- Blood in your urine
- Fever and chills

Call your doctor right away if you have a temperature of 100.4 degrees Fahrenheit or higher.