Jounal pou Bay Tibebe Manje ak Chanje Kouche

Newborn Feeding and Diaper Log

THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Write down the amount of time that you:

- Spend with your baby skin to skin.
- Do breast pumping or hand expression.
- Breastfeed or the amount in milliliters (ml) that you bottle feed your baby.
- Change your baby's diaper, whether wet with urine or stool.

Feed your baby every 2 to 3 hours if you are breastfeeding or every 3 hours if bottle feeding.

Ekri kantite tan ou:

- Pase ak tibebe a po a po.
- Fè ponpe lèt oswa fè lèt soti ak men.
- Bay tete oswa mezire kantite lèt (ml) ou bay tibebe a nan boutèy.
- Chanje kouchèt tibebe a, kit li mouye ak pipi oswa poupou.

Bay tibebe a manje chak 2 a 3 èdtan si w ap bay tete, oswa chak 3 èdtan si w ap bay lèt nan boutèy.

Dat Date	**Lè ou kòmanse** Start time	**Kantite minit po a po** Skin to skin minutes	**Ponpe lèt ak machin oswa ak men** Breast pumping or hand expression	**Kantite minit tibebe a t ap tete aktivman** Breastfeeding minutes of active sucking		**Boutèy lèt tete w te ponpe (ml tibebe a bwè)** Expressed breast milk bottle (ml baby ate)	**Boutèy fòmil (ml tibebe a bwè)** Formula bottle (ml baby ate)	**Chanjman kouchèt** Diaper change		**Nòt enfimyè a** Nurse's notes
				Sein gòch Left breast	**Sein dwat** Right breast			**Make si gen pipi** Mark if urine	**Make si gen poupou** Mark if stool	

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Si ou ta renmen plis kopi jounal sa a, tanpri vizite go.osu.edu/pted4690.

If you would like more copies of this log, please visit go.osu.edu/pted4680.

Dokiman sa a se sèlman pou bay enfòmasyon. Pale ak founisè swen sante ou a si w gen nenpòt kesyon sou swen ou.

This handout is for informational purposes only. Talk to your healthcare provider if you have any questions about your care.

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