

Information for Cancer Patients During Rehabilitation

Contents:

Go to this link: <https://cancer.osu.edu/about/locations> to find driving directions and maps.

General

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- [Making the Most of Visits with Your Doctor](#)
- [Stop Falls in the Hospital](#)

Managing Side Effects

- [Cancer Therapy: Managing Side Effects - Fatigue](#)
- [Using Exercise to Fight Cancer - Related Fatigue](#)
- [Fight Cancer-Related Fatigue with Good Nutrition](#)
- [Eating Tips for Managing Cancer Treatment Side Effects](#)
- [Pain Management](#)
- [Understanding Blood Cell Counts](#)
- [Low White Blood Cell Count Precautions](#)

This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.

Supportive Care

- [Cancer and Spiritual Needs](#)
- [Cancer and Depression](#)
- [Suggestions for Making Each Day Count](#)
- [Relaxation Exercises](#)
- [Non-Drug Pain Relief: Relaxation with Breathing Exercises](#)
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- [Cancer Therapy: Managing Side Effects - Tips to Sleep Better](#)
- [JamesCare for Life Programs](#)

Caregiver Resources

- [Coping in a Time of Major Life Change](#)
- [Tips for Preventing and Dealing with Caregiver Stress](#)

Other Information

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- [Sexual Changes During Chemotherapy](#)
- [Sexuality After Cancer](#)

Internet Resources

- [Cancer Internet Resources](#)
- [Nutrition Internet Resources](#)
- [Patient and Family Resource Center](#)

Prevention and Screening

- [Lifestyle and Nutrition Recommendations](#)
- [Cancer Screening for Men](#)
- [Cancer Screening for Women](#)