

Getting Ready for Your Sarcoma Surgery

Contents:

Go to this link: <https://cancer.osu.edu/about/locations> to find driving directions and maps.

General Information

- [Sarcomas](#)

Before Surgery

- [Preparing for Your Sarcoma Surgery](#)
- [Improve Your Nutrition and Exercise Before Surgery](#)
- [Stopping Tobacco and Alcohol Use Before Surgery](#)
- [Financial Assistance Services at The James](#)
- [Your Recovery After Surgery](#)
- [Nutrition Supplement to Improve Your Recovery After Surgery](#)
- [Getting Your Skin Ready for Surgery - The James](#)

Day of Surgery

- [Sarcoma Surgery - Day of Surgery](#)

After Surgery

- [Pain Relief After Surgery](#)
- [Sarcoma Surgery - What to Expect During Your Hospital Stay](#)
- [Blank Notes Page - The James](#)

This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.

Support and Resources

- [Cancer Internet Resources](#)
- [JamesCare for Life Programs](#)
- [Cancer Survivorship](#)
- [Patient and Family Resource Center](#)