

# Head and Neck Oncology - Getting Ready for Your Surgery

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Go to this link: <https://cancer.osu.edu/about/locations> to find driving directions and maps.

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- [Improve Your Nutrition and Exercise Before Surgery](#)
- [Your Recovery After Surgery](#)
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- [Getting Your Skin Ready for Surgery - The James](#)

### Day of Surgery

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### After Surgery

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- [Head and Neck Oncology Surgery - What to Expect During Your Hospital Stay](#)

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**This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.**