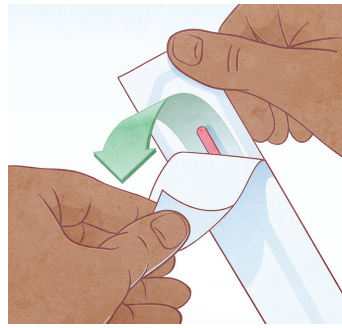


How to Collect Your VRE Rectal Swab

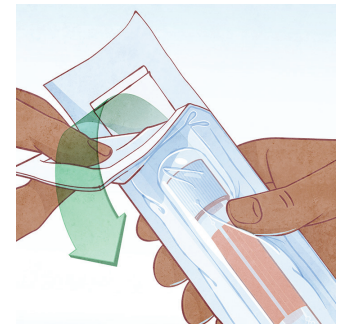
Please follow these steps to collect your rectal swab. Read all the steps before starting. **You will need to drop off your sample at the lab on the same day that you collect it.** If you drop or spill the kit, ask for a new one. If you have any questions, please contact your healthcare provider.



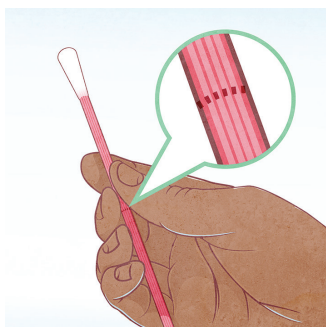
1. Wash your hands with water and soap for 20 seconds. Dry your hands with a clean towel.
2. Put a clean paper towel on a table or counter and lay the collection kit on it.



3. Open the collection kit. Remove the swab and tube filled with liquid.



4. Remove the swab from the packaging. Do NOT let the soft tip touch anything besides the areas around your rectum (anus).



5. Hold the middle of the swab with your thumb and index finger with the soft tip facing your rectum.

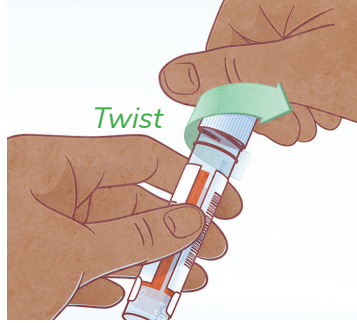


6. Put 1 foot on the edge of a toilet, bath tub, or other ledge. Use your hand to pull 1 buttock to the side.

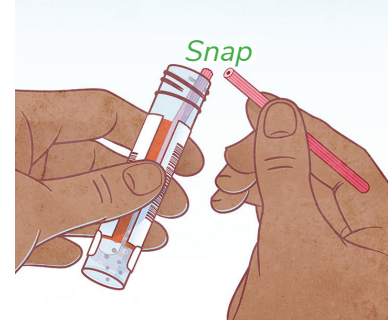


7. With your other hand, gently, swab the skin that surrounds the rectum while rotating the swab.

Do NOT insert the swab into the rectum.



8. After swabbing, unscrew and remove the cap from the ESwab tube. Make sure the swab does not touch any other surface.



9. Place the soft tip of the swab in the tube. Snap the stick part at the middle mark (usually red). This leaves the soft tip in the tube. Throw away the broken off stick.



10. Put the cap back on the tube and close it tightly to prevent any leaks.



11. Put the tube and the lab sheet (paper with your name on it and the test information) in the biohazard bag and seal the bag.



12. Wash your hands again and dry them with a clean towel.

Drop off the sealed bag at the lab the **same day** you collect the sample.

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This handout is for informational purposes only. Talk to your healthcare provider if you have any questions about your care.

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