

What to Expect at Your Preoperative Visit

Thank you for choosing to have your surgery at The Ohio State University James Cancer Hospital and Solove Research Institute.

Your doctor has asked you to come to the OSU Preoperative Assessment Center (OPAC) for the testing needed before your surgery. Patients who have a high-risk health condition, such as diabetes, are scheduled to have their testing done at this center. You will be seen by an internal medicine doctor. Your visit may include the following:

- Medical history and physical exam
- Blood tests
- Chest x-ray
- EKG
- Review of your medicines
- Referrals for other diagnostic testing

Your care team at OPAC may also have medical assistants, nurses and advanced practice providers. The team will help coordinate your preoperative care needs and give you information about your upcoming surgery.

Prepare for Your Visit

- You should bring the following with you to your appointment:
 - ▶ A list of the medicines, vitamins and supplements that you take.
 - ▶ **Enough oxygen to last for your appointment and to get back home.**
- Write down any questions you may have and bring them with you to your appointment.
- **You should plan to be at this appointment for about 2 hours.**
- If you have any questions about your appointment with OPAC, you may call **614-366-7500**.

This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.

At Your Visit

- When you arrive at the Martha Morehouse Pavilion (2050 Kenny Road, Columbus, OH 43221), **go to the registration desk on the first floor to check in for your appointment.**
- Once you have registered, you will be directed to the OPAC Center located on the second floor. The center is on the right-hand side of the hall, past the stairs. Please let the person at the reception desk know that you are here for your appointment.
- You will be given written instructions about what you need to do before your surgery, including any new medicines you may need to take, or if you need to adjust any of your current medicines.
- If you are told that you need to wash your skin with a special soap before surgery, we will give you the soap and directions for how to use it.
- The OPAC care team will update your surgeon about your visit and the information you were given to prepare for your surgery.