

# Diiwaanka Sonkorta Dhiiga ee Bukaanka Uurka ee Qaba Sonkorowga Qaadashada dawada unugyada dhiiga qaada

## Blood Sugar Record for Pregnant Patients with Diabetes Taking Insulin

Magac Bukaanka [Patient's Name]: \_\_\_\_\_ Taariikhda dhalashada bukaanka [Patient's Date of Birth]: \_\_\_\_\_

Daawooyinka iyo Qiyaasaha Cudurka Sokoroowga [Diabetes Medicines and Doses]:

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Warbixintan la wadaag shaqaalaha todobaad kasta marka aad soo booqaneyso rugta caafimaadka ama Imayl ama fakis.

[Please share this record with staff weekly at clinic visits or via email or fax.]

Taariikhda [Date]	Sonkorta Dhiiga ee 3:00 subaxnimo [Blood Sugar at 3:00 a.m.]	Deg dejingta Sonkorta Dhiiga Marka aad ka kacdo ama ka soo kacayso sariirta [Fasting Blood Sugar When Waking Up or Out of Bed]	Dawada unugyada Dhiiga ee Subaxdii [Morning Insulin]	Sonkorta Dhiiga 2 Saacadood Kadib Quraacda [Blood Sugar 2 Hours After Breakfast]	Sokorta Dhiigga Kahor Qadada [Blood Sugar Before Lunch]	Dawada Unugyada Dhiiga ee Qadada [Lunch Insulin]	Sonkorta Dhiiga 2 Saacadood Kadib Qadada [Blood Sugar 2 Hours After Lunch]	Sokorta Dhiigga Kahor Cashada [Blood Sugar Before Dinner]	Dawada Unugyada Dhiiga ee Cashada [Dinner Insulin]	Sonkorta Dhiiga 2 Saacadood Kadib Cashada [Blood Sugar 2 Hours After Dinner]	Sonkorta Dhiiga ee Xiliga Jiifka [Blood Sugar at Bedtime]	Dawada unugyada Dhiiga ee Hurdada [Bedtime Insulin]

Si aad u hesho nuqul cusub ee diiwaanka, fadlan booqo [go.osu.edu/pted837](http://go.osu.edu/pted837).

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