

Breast Cancer Surgery Book

Contents:

Go to this link: <https://cancer.osu.edu/about/locations> to find driving directions and maps.

Introduction

- [Welcome to The Stefanie Spielman Comprehensive Breast Center – Surgical Oncology](#)
- [Types of Breast Cancer Surgeries](#)

Preparing for Breast Cancer Surgery

- [Before Your Breast Cancer Surgery](#)
- [Breast Cancer: Precautions for Use of Dietary/Herbal Supplements](#)
- [Improve Your Nutrition and Exercise Before Surgery](#)
- [Stopping Tobacco and Alcohol Use Before Surgery](#)

After Surgery

- [Your Breast Surgery](#)
- [Pain Relief After Surgery](#)
- [Constipation and Opioid \(Pain Medicine\) Use](#)
- [Home Care for Your Wound Drain After Breast Surgery](#)
- [How to Change the Transparent Dressing and Biopatch](#)
- [Checkups After Breast Cancer Diagnosis](#)

This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.

Notes and Calendar

- [Blank Notes Page - The James](#)
- [Calendar](#)
- [Cancer Internet Resources](#)

Other items added to this package:

- Breast Cancer Resource Guide
- Breast Cancer Support Group Information
- JamesCare for Life Program Information
- Hope's Boutique Brochure
- Hotel Accommodations