

## Information to keep with you during pregnancy

<b>Ohio State Family Medicine Thomas Rardin</b>	<b>614-293-2700</b> Monday-Friday 8 a.m.-5 p.m.
<b>Labor &amp; Delivery</b>	<b>380-283-7575</b> 24 hours a day, every day
<b>Breastfeeding Help Line</b>	614-293-8910
<b>Hospital Operator</b>	614-293-8000
<b>Maternity Tour and Prenatal Classes</b>	<a href="https://go.osu.edu/pregnancy-education">go.osu.edu/pregnancy-education</a>



# When to seek medical attention

## Call the office or Labor and Delivery if you have:

- Headache that won't go away or gets worse over time
- Changes in your vision
- Chest pain or fast-beating heart (for more than 10 minutes)
- Baby's movements stopping or slowing
- Swelling, redness, and pain in your leg
- Fainting
- Chills, fever, or constant vomiting and diarrhea
- Severe belly pain that doesn't go away
- Vaginal bleeding or leaking fluid
- Extreme swelling of your hands or face
- Frequent tightening or balling up of your uterus or womb
- Trouble breathing
- Anything else that feels wrong

## Be ready to tell the nurse or doctor:

- What problem you're having
- When the problem started
- When your baby is due to be born



**THE OHIO STATE UNIVERSITY**  
WEXNER MEDICAL CENTER