

# Robotic Prostatectomy

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Go to this link: <https://cancer.osu.edu/about/locations> to find driving directions and maps.

### General Information

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- [Kegel or Pelvic Floor Muscle Exercises for Men](#)

### Before Surgery

- [Preparing for Your Prostatectomy](#)
- [Improve Your Nutrition and Exercise Before Surgery](#)
- [Stopping Tobacco and Alcohol Use Before Surgery](#)
- [Financial Assistance Services at The James](#)
- [Your Recovery After Surgery](#)
- [Getting Your Skin Ready for Surgery - The James](#)

### Day of Surgery

- [Prostatectomy – Day of Surgery](#)

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**This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.**

## After Surgery

- [Pain Relief After Surgery](#)
- [Robotic Prostatectomy - After Surgery](#)
- [Steps to Treat Constipation with Over-the-Counter Medicine](#)
- [How to Care for Your Urinary \(Foley\) Catheter at Home/Male - The James](#)
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- [Questions and Answers About Sex and Prostate Cancer](#)

## Checklists

- [My Pre-Surgery Checklist](#)
- [Blank Notes Page – The James](#)

List here other items added to this package:

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